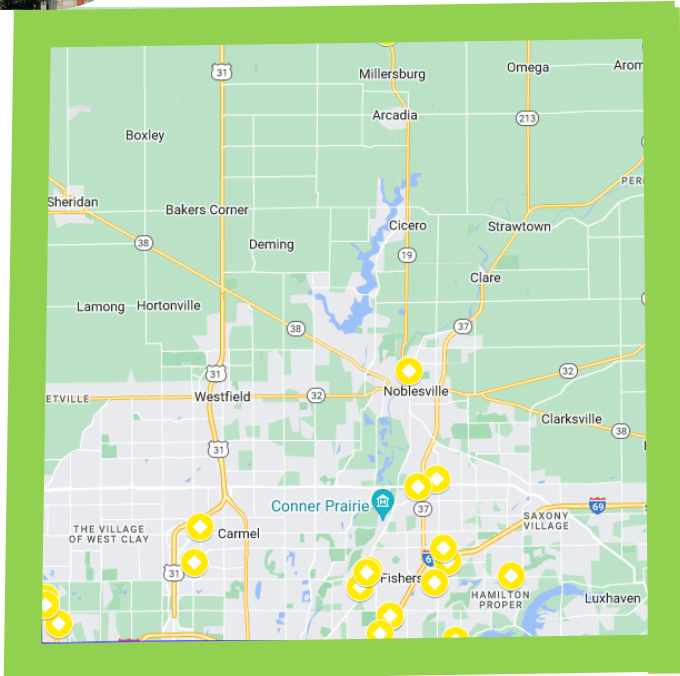
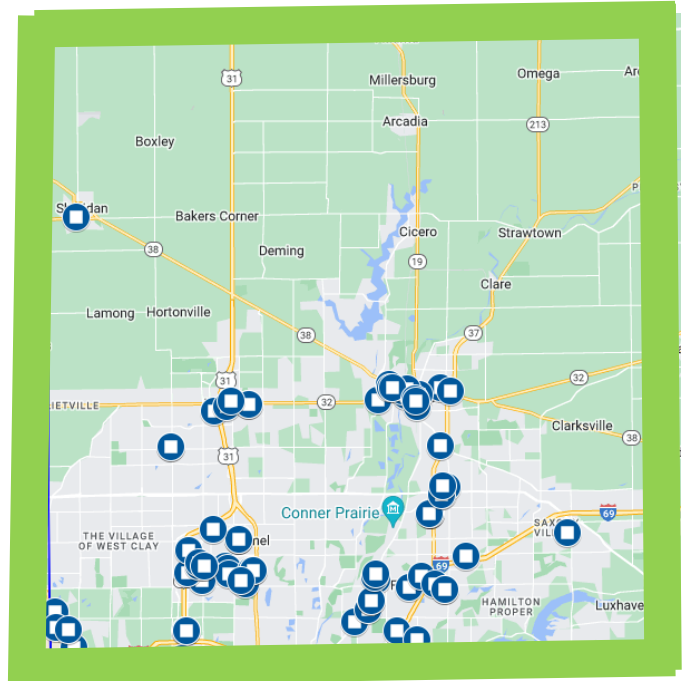




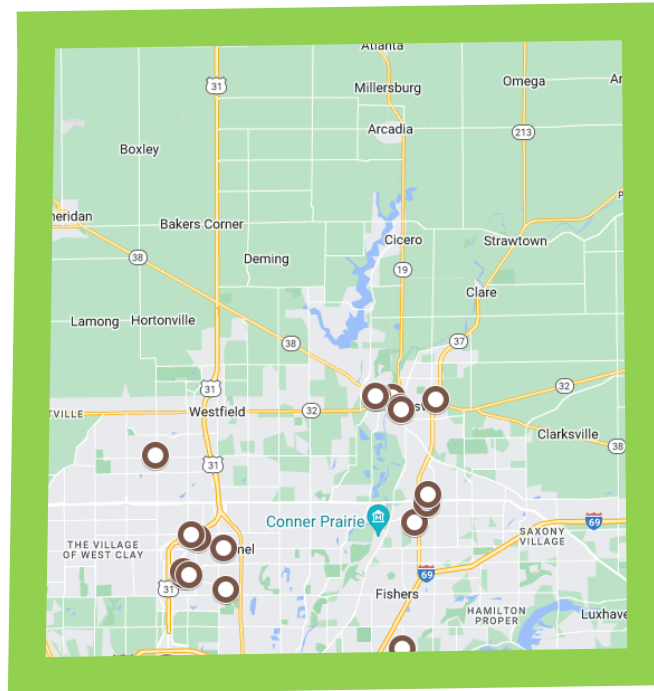
# HAMILTON County Mental Health Resources



**Autism Resources**



**Mental Health Resources**



**Substance Misuse Resources**

# HAMILTON County Mental Health Resources



## SUMMARY

- Applied Behavior Center for Autism 🏢 ✓ ✖ 🤝
- Applied Behavior Center for Autism 🏢 ✓ ✖ 🤝
- Applied Behavior Center for Autism 🏢 ✓ ✖ 🤝
- Ascension St. Vincent Stress Center 🏢 ✓ 🏥 🌿
- Aspire Administration Office  
(Aspire Indiana Health) 🏢 ✓ 🌿
- Aspire Indiana LLC 🏢 ✓ 🌿 🤝
- Autism Center in Noblesville 🏢 ✓ ✖ 🧠 🤝
- Autism Society Indiana ✖
- BACA 1 ✖ 🤝
- BACA Prep ✖ 🧠 🤝
- Baume Psychological Services 🏢 ✓ 🌿
- Behaviors Frontiers LLC ✓ ✖ 🤝
- Building Bridges Counseling
- Cadence Psychology Studio 🏢 ✓
- Carmel Health Center  
(Aspire Indiana Health) 🏢 ✓ 🌿 🤝
- Carmel Psychology 🏢 ✓
- Cartwright Counseling 🏢 ✓ 🤝
- Center for Hope 🏢 ✓
- Circle City Aba ✓ ✖ 🤝

- CleanState 🏢 ✓ 🌿
- Collaborative Change 🏢 ✓
- Collaborative Change 🏢 ✓
- Compass Counseling and Consulting Services 🏢 ✓
- Connections of Hope
- Connections of Hope
- Connections of Hope
- Counseling Center At The Cross Inc.
- Cracked Open Therapy 🏢 ✓ 🌿
- Disability and Autism Services of Indiana 🏢 ✓ ✖ 🤝
- Discovery Counseling LLC 🏢 ✓
- Emerald Neuro-Recover 🏢 ✓ 🌿
- Family Counseling Associates 🏢 ✓
- Family Matters Christian Counseling 🏢 ✓
- Ferris & Associates, LL Counseling and  
Support Services 🏢 ✓
- Flourish Christian Counseling ✓ 🌿
- Fountains Family Counseling 🏢 ✓
- Freeclearmind 🏢 ✓ 🤝
- Gabriel Counseling Services 🏢 ✓ 🌿

🏢 Accepting New Patients

✓ Anthem Programs

★ Active Military & Veteran Resources

✖ Autism Support

🧠 Disability Support

🏠 FREE Resources

🏥 Hospital Facility

**KEY**

🦋 Senior Resources

🌿 Substance Misuse Support

👤 Women's Support

🤝 Youth Resources



# HAMILTON County Mental Health Resources

## SUMMARY

Golden Steps ABA

Grateful Care ABA

Hamilton Professional Counseling

Hamilton Professional Counseling

Have Grace LLC dba Ellie Mental Health

Healing Pathways Counseling and Consulting

Hoosier Therapist

Hopebridge Autism Therapy Center

Hopebridge Autism Therapy Center

ICAN: Choose to Live

Indiana Biblical Counseling Center

Indiana Neuropsychology Group

Indianapolis TMS

Indy Women's Counseling and DBT

Inner Calm Wellness Center

Insight Therapeutic Services

Journey to Joy Counseling

JRNY Counseling

Keystone Counseling

Kids Inc.

Landmark Recovery

Life solutions counseling

Life solutions counseling

LifeStance Health

LifeStance Health

Link to learn Behavior therapy

Lisa Pacheco LMHC LCAC

Lotus of Life Counseling

Mind Fit Counseling

Mind Fit Counseling

Mindful & Modern ABA Therapies

Mindful Morphosis Counseling

Mindful Pieces Behavior Therapy

Mini Minds

Mosaic Counseling

Mosaic Counseling

New Beginnings Family Counseling

New Beginnings Family Counseling

NewDay Treatment Center

Newman Counseling & Solutions

Accepting New Patients

Anthem Programs

Active Military & Veteran Resources

Autism Support

Disability Support

FREE Resources

Hospital Facility

Senior Resources

Substance Misuse Support

Women's Support

Youth Resources

### KEY

# HAMILTON County Mental Health Resources



## SUMMARY

- Noblesville Counseling Center LLC
- One Sensible Solution
- Opportunities for Positive Growth Inc.
- Pathways to Healing Counseling
- Pathways to Healing Counseling
- Pathways to Healing Counseling
- Pediatric Speech & Language Solutions
- PQC Coaching
- Ransburg Counseling
- Ray of Hope Counseling
- Reclaimed Counseling
- Renewal Counseling
- ResCare Community Living
- Riverview Health Behavioral Care (Riverview Health)
- Riverview Health Emergency Room & Urgent Care-Fishers (Riverview Health)
- Scotia McClung Counseling
- Stepping Stones Behavioral Solutions LLC
- Stepping Stones Behavioral Solutions LLC

- Stepping Stones Behavioral Solutions LLC
- Stepping Stones Behavioral Solutions LLC
- Sugar Creek Counseling LLC
- Suncrest Autism Center
- The Anxiety Relief Center
- The Cabin Counseling & Resource Center, Inc.
- The counseling center
- Thrive Counseling Services
- Thriveworks
- Thriveworks
- Yellow Key Collaborative

Accepting New Patients

Disability Support

Senior Resources

Anthem Programs

FREE Resources

Substance Misuse Support

Active Military & Veteran Resources

Hospital Facility

Women's Support

Autism Support

**KEY**

Youth Resources



# HAMILTON County Mental Health Resources

## Applied Behavior Center for Autism

*This provider offers Language/ Communication; Speech Therapy; Social Skills; School Preparation; Adaptive/ Self Care skills; Play skills; Coping/ Tolerance Skills; Vocational Skills; and Diagnostic testing. Options include Applied Behavioral Analysis (ABA)\*, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://appliedbehaviorcenter.org/fishers/>

**Address:** 12244 E 116th Street Fishers IN 46038

**Phone:** 317-842-5437

## Applied Behavior Center for Autism

*This provider offers Language/ Communication; Speech Therapy; Social Skills; School Preparation; Adaptive/ Self Care skills; Play skills; Coping/ Tolerance Skills; Vocational Skills; and Diagnostic testing. Options include Applied Behavioral Analysis (ABA)\*, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://appliedbehaviorcenter.org/locations/carmel/>

**Address:** 13431 Old Meridian Street Suite #190 46032

**Phone:** 317-573-5437

## Applied Behavior Center for Autism

*This provider offers Language/ Communication; Speech Therapy; Social Skills; School Preparation; Adaptive/ Self Care skills; Play skills; Coping/ Tolerance Skills; Vocational Skills; and Diagnostic testing. Options include Applied Behavioral Analysis (ABA)\*, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://appliedbehaviorcenter.org/locations/carmel/>

**Address:** 9155 E. 146th Street Noblesville IN 546060

**Phone:** 317-219-5702

## Ascension St. Vincent Stress Center

*This provider offers Prenatal mood disorders; Anxiety; Coping with Aging; Depression; Chronic pain; Complex health conditions; Drug Dependency; Alcohol dependency; and Youth Behavioral health concerns. Options include Individual Therapeutic.*

**Website:** <https://healthcare.ascension.org/locations/indiana/ineva/indianapolis>

**Address:** 8401 Harcourt Rd Indianapolis, IN 46260

**Phone:** 317-338-4800

## Aspire Administration Office (Aspire Indiana Health)

*This provider offers Family therapy; Crisis Care; Cognitive Behavior therapy; Motivational interviewing; Dialectical behavior therapy; Cannabis youth Treatment; Risk assessment; Suicide intervention and prevention; Relapse prevention; and Drug screening. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://www.aspireindiana.org/noblesville-office>

**Address:** 9615 East 148th Street Suite 1 Noblesville, IN 46060

**Phone:** 317-587-0500

## Aspire Indiana LLC

*This provider offers Therapy; Crisis Services; Recovery services; Youth & Family services; School- based services; and deaf services. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), and Psychiatric Facility.*

**Website:** <https://www.aspireindiana.org/noblesville-office>

**Address:** 17840 CUMBERLAND RD NOBLESVILLE, IN 46060

**Phone:** 317-773-6864

## Autism Center in Noblesville

*This provider offers services for Developing new skills; Shaping existing skills; Decreasing problem behaviors; Speech therapy; Custom therapy; Natural environment teaching; Long term development; and Parent involvement. Options include Applied Behavioral Analysis (ABA)\*.*

**Website:** <https://lighthouseautismcenter.com/locations/noblesville-center/>

**Address:** 15755 North Point Blvd Noblesville, IN 46060

**Phone:** 317-222-1242

**Phone:** 574-387-4313

# HAMILTON County Mental Health Resources



## Autism Society Indiana ✖

*This provider offers Individual Support; Family support; Direct care; Career/ work Readiness program; Respite care; and Support groups. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://www.autismsocietyofindiana.org/contact-us/>

**Address:** 10255 Commerce Dr. Ste. 164 Carmel IN 46032

**Phone:** 800-609-8449

## BACA 1 ✖ 🙋

*This provider offers Community services; Speech and Language Therapy; In home services; TeleABA services; and one-on-one services with behavior technicians. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://thebaca.com/>

**Address:** 11902 Lakeside Drive Fishers, IN 46038

**Phone:** 317-288-5232

**Phone:** 844-263-1613

## BACA Prep ✖ 🙋

*This provider offers Community services; Speech and Language Therapy; In home services; TeleABA services; and one-on-one services with behavior technicians. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://thebaca.com/>

**Address:** 9929 E 126th Street Fishers, IN 46038

**Phone:** 317-436-8961

## Baume Psychological Services 🏠 ✓ 🍃

*This provider offers treatment for Abuse victimization; ADHD; Academic underachievement; alcohol and Drug abuse; Anger Management; Anxiety; Depression; Asperger's; Bullying prevention; Attention seeking behavior; Blended Family problems; LGBTQ+ Issues; Low self-Esteem; Manipulation; Sibling conflict; Chronic pain; Financial stress; Mania; Sexual Abuse Victimization; Vocational Stress; Women's issues; Impulse control; Men's issues; PTSD; Grief/Loss; and OCD. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://www.drbaume.com/>

**Address:** 12337 Hancock St. Suite 20 Carmel, IN 46032

**Phone:** 317-706-6744

## Behaviors Frontiers LLC ✓ ✖ 🙋

*This provider offers Clinical team meetings; Self-care; compliance; safety skills; independent leisure skills; reducing problem behaviors. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.behaviorfrontiers.com/indianapolis-in>

**Address:** 10475 Crosspoint Blvd., Suite 250 Indianapolis, IN 46256

**Phone:** 317-978-0312

## Building Bridges Counseling

*This provider offers trauma-focused therapy and treatment for depression; grief counseling; addiction; EMDR; PTSD; and anxiety. Options include Group Therapeutic, and Individual Therapeutic.*

**Website:** <https://www.bbcounseling.com/>

**Address:** 120 Camilla Ct Suite D Westfield, IN 46074

**Phone:** 317-371-5505

## Cadence Psychology Studio 🏠 ✓

*This provider offers treatment for Depression; Anxiety; Childhood Trauma; Attachment issues; Grief/Loss; Life review/ Aging; Relationship issues; Sexual Issues; Communication Issues; Affair Recovery; imposter syndrome; self worth; perfectionism; Work-life balance. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.cadencepsychologystudio.com/therapy>

**Address:** 600 E Carmel Dr Suite 263, Carmel, IN 46032

**Phone:** 317-747-0574



# HAMILTON County Mental Health Resources

## Carmel Health Center ( Aspire Indiana Health)

This provider offers Family therapy; Crisis Care; Cognitive Behavior therapy; Motivational interviewing; Dialectical behavior therapy; Cannabis youth Treatment; Risk assessment; Suicide intervention and prevention; Relapse prevention; and Drug screening. Options include Group and Individual Therapeutic, Medication Assisted Treatments, and Outpatient Services including Intensive Outpatient Services\*.

**Website:** <https://www.aspireindiana.org/about/locations>

**Address:** 697 Pro-Med Lane Carmel, IN 46032

**Phone:** 317-574-0055

## Carmel Psychology

This provider offers Psychological evaluations; Anxiety; Attention regulation disorders; Executive functioning difficulties; Autism spectrum disorders; High Ability learners; School related Issues; Bereavement; Depression; and Children/Families going through divorce. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic)

**Website:** <http://www.carmelpsychology.com/home.html>

**Address:** 230 1st Street NE, Carmel, Indiana 46032

**Phone:** 317-401-9192

**Phone:** 317-409-5887

**Phone:** 317-810-1005

## Cartwright Counseling

This provider offers treatment for EMDR; Depression; Anxiety; Trauma therapy; Grief; PTSD; Panic attacks; and Avoidance behaviors. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).

**Website:** <https://cartwrightcounseling.com/>

**Address:** 136 South Ninth Street Suite 204, Box 663, Noblesville, IN 46060

**Phone:** 317-401-9919

## Center for Hope

This provider offers Child Therapy; Play Therapy; Cognitive Behavioral therapy; Hope & Help for Parents; Depression; Anxiety; Teen Suicide; Couples Treatment; Family Therapy; Eating Disorders; Nutrition Services; and Postpartum help. Options include Group Therapeutic and Individual Therapeutic.

**Website:** <http://www.center4hope.com/wordpress/contact-us/>

**Address:** 8483 Fishers Center Drive Fishers IN 46038

**Phone:** 317-598-8887

## Circle City ABA

This provider offers Direct ABA therapy; Group ABA therapy; Social Skills; Parent training; Behavior Consultation; Occupational Therapy; and Assessment. Options include Applied Behavioral Analysis (ABA)\* and Group Therapeutic.

**Website:** <https://circlecitcityaba.com/>

**Address:** 11530 Allisonville Rd, Fishers, IN 46038

**Phone:** 317-742-9730

## CleanSlate

This provider offers Medication Assisted Treatment; Opioid Addiction Treatment; Alcohol Addiction treatment; Anxiety; Depression; Pregnancy addiction help; Nicotine Addiction Treatment; Hepatitis C Treatment; Group Therapy; Bipolar; Trauma; PTSD; and Coping Skills. Options include Group Therapeutic, Individual Therapeutic, Medication Assisted Treatments, Online Visits (including Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services\*, Rehabilitation and Therapy.

**Website:** <https://www.cleanslatecenters.com/location/indiana/>

**Address:** 18051 River Road, Suite 101 Noblesville, IN 46062

**Phone:** 317-674-0062

# HAMILTON County Mental Health Resources



## Collaborative Change

*This provider offers programs for Depression; Anxiety; Self Esteem; Anger Management; Grief; Life Transitions; Stress management; Cognitive Behavioral therapy; Art Therapy; Client Centered therapy; Mindfulness; Holistic therapy; Trauma focused Therapy; Meditation; Couples therapy; Adoptive parents; behavior management; communication difficulties; attachment; divorce. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.collaborative-change.com/contact-us>

**Address:** 10293 N. Meridian St S180 Indianapolis, Indiana 46290

**Phone:** 317-296-4187

## Collaborative Change

*This provider offers programs for Depression; Anxiety; Self Esteem; Anger Management; Grief; Life Transitions; Stress management; Cognitive Behavioral therapy; Art Therapy; Client Centered therapy; Mindfulness; Holistic therapy; Trauma focused Therapy; Meditation; Couples therapy; Adoptive parents; behavior management; communication difficulties; attachment; divorce. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.collaborative-change.com/contact-us>

**Address:** 605 Sheridan Rd Noblesville, Indiana 46060

**Phone:** 317-296-4187

## Compass Counseling and Consulting Services

*This provider offers programs for Anxiety; Depression; Mindfulness; Cognitive Based therapy; Food/ Eating Issues; Negative thoughts. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://compasscounselingonline.com/>

**Address:** 14074 Trade Center Dr. #141 | Fishers, IN 46038

**Phone:** 317-824-9237

## Connections of Hope

*This provider offers programs for Depression; Anxiety; Coping Skills; Infidelity; Life coaching; Martial therapy; Self Harm; Suicidal ideation; Trauma & PTSD. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://compasscounselingonline.com/>

**Address:** 10255 Commerce Drive, Suite 151, Carmel, IN 46032

**Phone:** 317-525-1589

## Connections of Hope

*This provider offers programs for Depression; Anxiety; Coping Skills; Infidelity; Life coaching; Martial therapy; Self Harm; Suicidal ideation; Trauma & PTSD. Options include Group Therapeutic, Individual Therapeutic and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://compasscounselingonline.com/>

**Address:** 16095 Prosperity Drive, Suite 102, Noblesville, IN 46060

**Phone:** 317-525-1589

## Connections of Hope

*This provider offers programs for Depression; Anxiety; Coping Skills; Infidelity; Life coaching; Martial therapy; Self Harm; Suicidal ideation; Trauma & PTSD. Options include Behavioral/Mental Health services.*

**Website:** <https://compasscounselingonline.com/>

**Address:** 14074 Trade Center Dr., Suite 225, Fishers, IN 46038

**Phone:** 317-525-1589





# HAMILTON County Mental Health Resources

## Counseling Center At The Cross Inc.

*This provider offers programs for Grief & Loss; Life Transitions; Sexual Addictions; Anxiety; Blended Families; Children's concerns; Anxiety; Depression; Divorce recovery; Eating Disorders; Affair recovery; Family counseling; Gender Identity concerns; Impulse control; Setting boundaries; Men's issues; Martial counseling; OCD; Personal Growth; Pornography addiction; Self Esteem; and Stress management. Options include Group Therapeutic, and Individual Therapeutic.*

**Website:** <https://www.indyhope.com/>

**Address:** 10412 Allisonville Rd, Suite 105 Fishers IN 46038

**Phone:** 317-578-9200

## Cracked Open Therapy

*This provider offers programs for EMDR; Anxiety; Depression; Medication management; Substance Abuse; Business consultation; Couples counseling; and Internal Family systems. Options include Group Therapeutic, Individual Therapeutic, Rehabilitation, and Therapy.*

**Website:** <https://www.crackedopentherapy.com/>

**Address:** 185 S 8th St. Noblesville, IN 46060

**Phone:** 317-279-5529

## Disability and Autism Services of Indiana

*This provider offers programs for ABA Therapy; In-Home therapy; Educational Partnerships; Daily Living skills; Communication; play therapy; and toilet training. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, and Individual Therapeutic.*

**Website:** <https://dasikids.com/contact/>

**Address:** 1314 N Liberty Cir W, Greensburg, IN 47240

**Phone:** 812-663-2273

## Discovery Counseling LLC

*This provider offers programs for Life Coaching; Couples Counseling; Adolescents 15+; Individual Counseling; Acceptance & Commitment; Brainspotting; Coaching; Cognitive Behavioral; Dialectical Behavioral; Experiential Therapy; Exposure Response Therapy; Family/ Marital; Gestalt; Internal Family systems; Mindfulness- Based Therapy; Meditation; Motivational Interviewing; Narrative; Positive Psychology; Rational Emotive therapy; Relaxation; Solution based therapy; Stength based; Trauma Focused therapy; and Trauma informed CBT. Options include Group Therapeutic, and Individual Therapeutic.*

**Website:** <https://www.discovery-llc.company/contact-us>

**Address:** 16156 Springmill Road, Suite B300 Westfield, IN 46074

**Phone:** 317-804-4540

## Emerald Neuro-Recover

*This provider offers programs for Allergy & Asthma; Anxiety; OCD; ADHD; Candida; Chronic Fatigue; Depression; Diabetes; Hypothyroidism; IBS & Digestive Disorders; Insomnia; Alcohol Outpatient Detox; Drug Rehab Options; Intensive outpatient Treatment; Amino Acid therapy; Work burnout; Screen Addiction; Concierge; and Brain Healing. Options include Individual Therapeutic, Medication Assisted Treatments, Outpatient Services including Intensive Outpatient Services\*, Rehabilitation, and Therapy*

**Website:** <https://www.emerald-neuro-recover.com/about-us/>

**Address:** 112265 Hancock Street Suite 42 Carmel, IN 46032

**Phone:** 317-606-8778

## Family Counseling Associates

*This provider offers programs for Anxiety; Depression; Stress; EMDR Therapy; Relationship problems; Substance Use problems; Grief/Loss; Self- Esteem; Career Issues; Spiritual Concerns; Peer Relationships; School Performance; Problem Solving; Improved communication; and Restoring trust. Options include Individual Therapeutic and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://fcahelp.com/>

**Address:** 9961 Crosspoint Boulevard, #100 Indianapolis, IN 46256

**Phone:** 317-585-1060

# HAMILTON County Mental Health Resources



## Family Matters Christian Counseling

*This provider offers programs for Individual Therapy; Couples therapy; Pre-Marital Therapy; Couples Intensive therapy; Family therapy; Career Success; Clinical Supervision; and Couples Workshops. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.family-matterscounseling.com/>

**Address:** 1010 3rd Ave SW Suite 107 Carmel IN 46032

**Phone:** 317-669-2279

## Ferris & Associates, LL Counseling and Support Services

*This provider offers programs for Post-Partum Depression; Anxiety; Parenting; Grief & loss counseling; Relationships; Couples counseling; Childbirth education; Miscarriage; Infertility; Addiction; Martial counseling; Career Issues; Christian based therapy; Bullying; Academic problems; Social problems; ADHD; Family problems; Gender Identity therapy; Play Therapy; and Trauma Focused Therapy. Options include Group Therapeutic, and Individual Therapeutic.*

**Website:** <https://www.fisherscounseling.com/>

**Address:** 8980 Technology Drive Suite 201, Fishers, IN 46038

**Phone:** 317-585-9111

## Flourish Christian Counseling

*This provider offers programs for EMDR; Anxiety; Miscarriage; Family planning; Postpartum; Pregnancy; Trauma; PTSD; Stress; Depression; Grief & Loss; Career Stress; Self care; Life adjustments; Spiritual growth; and Post-Adoption Support. Options include Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://flourishchristiancounseling.com/>

**Address:** 14074 Trade Center Drive, Suite 140 Fishers IN 46038

**Phone:** 317-775-3030

## Fountains Family Counseling

*This provider offers programs for Women's needs; All Ages of Children; Children with Developmental issues; Premarital therapy; marital therapy; relationship maintenance; Family maintenance; Adolescent needs; Play therapy; Seminars for Youth groups; Seminars for Women's conferences; Seminars for parents & Families; Parent & Child Classes; and EMDR . Options include Group Therapeutic, and Individual Therapeutic.*

**Website:** <https://www.fountainsfc.com/>

**Address:** 10293 East 126th Street Fishers IN 46038

**Phone:** 317-721-4801

## Freeclearmind

*This provider offers programs for Teen Anxiety; Adult Anxiety; Cognitive Behavioral therapy; Mindfulness; and Social Anxiety. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.freeclearmind.com/>

**Address:** 14074 Trade Center Drive Suite 145 Fishers IN 46038

**Phone:** 317-537-7330

## Gabriel Counseling Services

*This provider offers programs for Mental illness; Trauma; burnout prevention; Mindfulness; Mentorship; Mental health; and Substance use. Options include Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.gabrielcounselingservices.com/>

**Address:** 176 Logan St, Noblesville, IN 46060

**Phone:** 317-678-7337

## Golden Steps ABA

*This provider offers programs for Integration; Navigation; Interaction; Communication development; school readiness programs; Social skills; and Enhancing family dynamics. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.goldenstepsaba.com/services>

**Address:** 10475 Crosspoint Blvd. Suite 250 Indianapolis, IN 46256

**Phone:** 317-669-1232



# HAMILTON County Mental Health Resources

## Grateful Care ABA

*This provider offers School support; Home based ABA; Consultations; Benefit checks; Initial assessments; and Parents training. Options include Applied Behavioral Analysis (ABA)\*, and Behavioral Health in-home Programs*

**Website:** <https://gratefulcareaba.com/services/>

**Address:** 11807 Allisonville Rd #522, Fishers, IN 46038

**Phone:** 317-572-5315

## Hamilton Professional Counseling

*This provider offers programs for Anxiety; Couples therapy; Strength building; goal setting; Better communication; and Understanding family dynamic. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.hamiltonprofessionalcounseling.com/types-of-services>

**Address:** 705 East Main Street Westfield, Indiana 46074

**Phone:** 317-760-1446

## Hamilton Professional Counseling

*This provider offers programs for Anxiety; Couples therapy; Strength building; goal setting; Better communication; and Understanding family dynamic. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.hamiltonprofessionalcounseling.com/>

**Address:** 970 Logan Street Suite 110 Noblesville, Indiana 46060-2253

**Phone:** 317-760-1446

## Have Grace LLC dba Ellie Mental Health

*This provider offers programs for Individual Therapy; Couples therapy; Online therapy; Family therapy; Play therapy; Grief Therapy; Trauma Informed Therapy; EMDR; Suicidal thoughts; ODD; ADHD; Phobias; Bipolar Disorder; and PTSD. Options Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), and EMDR (Eye Movement Desensitization & Reprocessing Therapy).*

**Website:** <https://elliementalhealth.com/>

**Address:** 13578 E. 131st, Suite 260 Fishers, IN 46037

**Phone:** 317-827-7870

## Healing Pathways Counseling and Consulting

*This provider offers programs for Depression; Anxiety; Trauma; PTSD; Fear; and Grief. Options Group Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://healingyourpathways.com/services>

**Address:** 9165 Otis Avenue, Indianapolis, Indiana 46216

**Phone:** 317-620-8898

## Hoosier Therapist

*This provider offers programs for Cognitive Behavioral Therapy; Trauma-Focused CBT; EDNR; Mindfulness; Motivational Interviewing; Solution-focused therapy; Schema therapy; Anxiety, Depression. Options include Group and Individual Therapeutic.*

**Website:** <https://www.hoosier-therapist.com/>

**Address:** 9783 E 116th St PMB 6234 Fishers, IN 46037

**Phone:** 317-207-6037

## Hopebridge Autism Therapy Centroosier Therapist

*This provider offers Autism testing and diagnosis; ABA therapy; Occupational therapy; Speech and language therapy; Feeding and Swallowing therapy; and Family training. Options Group Applied Behavioral Analysis (ABA)\*, Individual Therapeutic, and Family Therapy.*

**Website:** <https://www.hopebridge.com/autism-services/>

**Address:** 801 Congressional Blvd, Carmel, IN 46032

**Phone:** 317-689-7850

# HAMILTON County Mental Health Resources



## Hopebridge Autism Therapy Center ✓✂️🧠👤

This provider offers Autism testing and diagnosis; ABA therapy; Occupational therapy; Speech and language therapy; Feeding and Swallowing therapy; and Family training. Options include Group Applied Behavioral Analysis (ABA)\*, Individual Therapeutic, and Family Therapy.

**Website:** <https://www.hopebridge.com/autism-services/>

**Address:** 9769 Crosspoint Blvd, Indianapolis, IN 46256

**Phone:** 317-588-2732

## ICAN: Choose to Live 🍃

This provider offers Behavioral Therapy; Counseling; Case management; Pyschiatric care; Family support services; Relapse prevention plan; Healthy coping skills; Emotional Regulation; Skills education; Peer support groups; and Employment assistance. Options include Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), Medication Assisted Treatments, Online Visits (including Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services\*, Rehabilitation, and Therapy.

**Website:** <https://addictionsnetwork.com/about/>

**Address:** 18077 River Road Suite 204 Noblesville IN 46062

**Phone:** 317-740-1930

**Hotline:** 888-310-6689

## Indiana Biblical Counseling Center 📞✓🍃

This provider offers programs for Pride & Control; Sexual Immorality; Bitterness; Addictions; Rejection issues; Sexual Abuse; Emotional Abuse; Physical abuse; PTSD; Dissociation; Emotional Maturity; Fear & Anxiety; Unhealthy relationships; and Anger management. Options include Group Therapeutic, and Individual Therapeutic.

**Website:** <https://www.indianabcc.com/resourcetopics>

**Address:** 9780 LANTERN ROAD SUITE 330, FISHERS IN 46037

**Phone:** 317-740-1930

## Indiana Neuropsychology Group 📞✓✂️

This provider offers programs for PTSD; Depression; Anxiety; Neuropsychological Evaluations; ADHD; Autism testing; Psychotherapy; MMI Determination; PPI Rating; Court Ordered Evaluations; Independent Medical Examinations (IME); Record Review and Consultations; and Vocational Rehabilitation. Options include Individual Therapeutic, Rehabilitation, and Therapy.

**Website:** <https://www.ingneuro.com/>

**Address:** 10293 N Meridian Street, Suite 210 Carmel, IN 46290

**Phone:** 317-806-0209

## Indianapolis TMS

This provider offers programs for Depression and Targeted Pulses. Options include Transcranial Magnetic Stimulation\*.

**Website:** <https://www.indianapolistms.com/>

**Address:** 11950 Fishers Crossing Drive Fishers, IN 46038

**Phone:** 317-595-2171

## Indy Women's Counseling and DBT 📞✓👤

This provider offers programs for Depression; Anxiety; Maternal health; Reproductive Health; OCD; BFRBs ( Body focused Repetitive Behaviors); Fertility Support; Connect Groups; and Narcissistic Abuse Recovery. Options include Group Therapeutic, Individual Therapeutic, Yoga, Dance and Creative healing.

**Website:** <https://indywomenscounseling.com/individual-services/>

**Address:** 11988 Fishers Crossing Drive, Suite 100 Fishers, IN 46038

**Phone:** 317-372-2267



# HAMILTON County Mental Health Resources

## Inner Calm Wellness Center

*This provider offers programs for Trigger point therapy; Surgical massage therapy; Prenatal massage; Stress reduction massage; Anxiety; Panic attacks; Depression; difficulty sleeping; Coping; Stress management; Divorce; Parenting help; Burnout prevention; Trust issues; Communication; and Nutrition Counseling. Options include Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), Massage Therapy; Personal Training; and Dietetics.*

**Website:** <https://www.innercalmwellness.com/>

**Phone:** 317-662-0082

**Address:** 9640 Commerce Drive Suite 412 Carmel, IN 46032

**Hotline:** 317-338-4600  
800-273-8255

## Insight Therapeutic Services

*This provider offers programs for EMDR Therapy; Family Counseling; Marriage counseling; Psychological Testing; Abuse victimization; Brain Spotting; ADHD; Academic underachievement; alcohol and Drug abuse; Anger Management; Anxiety; Depression; Asperger's; Bullying prevention; Attention seeking behavior; Blended Family problems; LGBTQ+ Issues; Low self-Esteem; Manipulation; Sibling conflict; Chronic pain; Financial stress; Mania; Sexual Abuse Victimization; Vocational Stress; Women's issues; Impulse control; Men's issues; PTSD; Grief/Loss; and OCD. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.insighttherapeuticllc.com/>

**Address:** 200 Medical Drive, Suite D Carmel Indiana 46032

**Phone:** 317-674-3160

## Journey to Joy Counseling

*This provider offers programs for Individual therapy; Perfectionism; Shame; Family of Origin issues; Boundary setting; Life stage adjustments/transitions; Anxiety; Depression; Anger management; ADHD; Grief/Loss; Spirituality; Infertility; Postpartum depression; Codependency; abandonment; body image; self esteem; Addiction; compulsive behaviors; women's issues; career coaching; Life coaching; work life balance; Parenthood challenges; break up/ divorce recovery; Relationship problems; Trauma; Emotional intelligence; and stress management. Options include Group and Individual Therapeutic.*

**Website:** <https://www.journeytojoycounseling.com/>

**Address:** 300 E Main Street Suite C Carmel, IN 46032

**Phone:** 765-432-9238

## JRNY Counseling

*This provider offers programs for Individual therapy; Perfectionism; Shame; Family of Origin issues; Boundary setting; Life stage adjustments/transitions; Anxiety; Depression; Anger management; ADHD; Grief/Loss; Spirituality; Infertility; Postpartum depression; Codependency; abandonment; body image; self esteem; Addiction; compulsive behaviors; women's issues; career coaching; Life coaching; work life balance; Parenthood challenges; break up/ divorce recovery; Relationship problems; Trauma; Emotional intelligence; and stress management. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://jrnycounseling.com/individual-therapy/>

**Address:** 18051 River Rd, Noblesville, IN 46062

**Phone:** 317-660-1818

## Keystone Counseling

*This provider offers programs for Marriage Counseling; Couples counseling; Considering Separation; Affair Recovery; Premarital counseling; LGBTQ+ couples; New parents; and Empty Nest. Options include Group and Individual Therapeutic.*

**Website:** <https://www.keystoneindy.com/>

**Phone:** 317-833-9160

**Address:** 9783 E 116th St PMB 1493 Fishers, IN 46037

**Hotline:** 988 741741

## Kids Inc.

*This provider offers Lactation Consultation; Speech & Language Therapy; Feeding therapy; Orton-Gillingham Tutoring; and Occupational therapy. Options include Applied Behavioral Analysis (ABA)\*.*

**Website:** <https://www.kidsindiana.com/>

**Address:** 10294 E 96th Street Fishers In 46037

**Phone:** 317-288-7572

# HAMILTON County Mental Health Resources



## Landmark Recovery

This provider offers Medical Detox; Residential Treatment; 12 Step therapy; Art Therapy; Family therapy; Fitness and recreation; Guided meditation; SMART recovery; Cognitive Behavioral Therapy. Options include Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), Medication Assisted Treatments, Partial Hospitalization\*, Residential Treatment Center (long term)\*.

**Website:** <https://landmarkrecovery.com/locations/praxis-carmel/> **Phone:** 317-458-9955  
**Address:** 13594 North Meridian Street Carmel, Indiana, IN 46032 **Hotline:** 888-448-0302

## Life Solutions Counseling

This provider offers Marriage counseling; Family therapy; Parenting Skills; Behavioral issues; Emotional disabilities; Divorce recovery; Problem solving; Outpatient Counseling; Healthy aging; Retirement Adjustment. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services\*.

**Website:** <https://www.lifesolutionspc.com/> **Phone:** 317-569-5433  
**Address:** 1185 W. Carmel Drive, D-4, Carmel, IN 46032

## Life Solutions Counseling

This provider offers Marriage counseling; Family therapy; Parenting Skills; Behavioral issues; Emotional disabilities; Divorce recovery; Problem solving; Outpatient Counseling; Healthy aging; Retirement Adjustment. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services.

**Website:** <https://www.lifesolutionspc.com/about-us/> **Phone:** 317-569-5433  
**Address:** 14540 Prairie Lakes, Blvd N, #202, Noblesville, IN 46060

## LifeStance Health

This provider offers Adult Psychiatry; Child/ Adolescent Psychiatry; Child/ Adolescent Therapy; couples therapy; Family therapy; Medication Management; Neuropsychological testing; Psychological testing/ evaluation. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), Psychiatric Facility.

**Website:** <https://lifestance.com/services/> **Phone:** 812-247-8010  
**Address:** 11900 Pennsylvania St, Suite 104 Carmel, IN 46032

## LifeStance Health

This provider offers ADHD; Acceptance & Commitment Therapy; Adjustment disorders; Teen issues; Adoption; Anger management; Anxiety; Behavioral Issues; Bio-Feedback; Bipolar disorder; Insomnia; CBT; Marital counseling; Depression; Developmental Issues; Dialectical Behavior therapy; Eating disorders; Exposure therapy; EMDR; Family therapy; LGBTQ+; Mens issues; Veterans; Mindfulness; OCD; PTSD; Panic attacks; Parenting Skills; Personality disorders; Phobias; Post partum Depression; Schizophrenia; Stress management; Womens issues; Work related issues; Adult Psychiatry; Child/Adolescent Psychiatry; Play therapy; Psychological Testing/Evaluations; Play Therapy. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services\*, Psychiatric Facility.

**Website:** <https://lifestance.com/> **Phone:** 812-247-8010  
**Address:** 10967 Allisonville Rd Suite 240 Fishers, IN 46038

## Link to Learn Behavior Therapy

This provider offers Early Learning; Social Skills; ABA therapy; Diagnostic Testing. Options include Applied Behavioral Analysis (ABA)\*.

**Website:** <https://www.linkedbehavior.com/> **Phone:** 317-863-8388  
**Address:** 14701 Cumberland Rd Suite 200 Noblesville, IN 46060



# HAMILTON County Mental Health Resources

## Lisa Pacheco LMHC LCAC

*This provider offers Anxiety; Depression; Addiction; Alcohol Use; Anger Mnaagement; Behavioral Issues; Career Counseling; Child; Chronic Relapse; Coping Skills; Divorce; Dual Diagnosis; Family Conflict; Grief; Infertility; Internet Addiction; Peer Relationships; Pregnancy; Prenatal; Postpartum; Relationship Issues; School Issues; Self- Esteem; Self Harming; Insomnia; Stress; Substance Use; Suicidal ideation; Video game addiction; Compassion Focused; Eclectic; Emotionally focused; Interpersonal; Person-centered; relational; Solution Focused Brief; Strength-Based. Options include Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.psychologytoday.com/us/therapists/lisa-pacheco-westfield-in/402678>

**Address:** 16156 Spring Mill Road Suite B400 Westfield, IN 46074 **Phone:** 317-644-3277

## Lotus of Life Counseling

*This provider offers Cognitive Behavioral Therapy; Dialectical Behavior Therapy; Strength-Based; Solutions-Focused; Mindfulness; Improve body image; Self Esteem; Self care. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.lotusoflifecounseling.net/>

**Phone:** 317-643-1545

**Address:** 705 E. Main Street Westfield, IN 46074

**Phone:** 970-573-7780

## Mind Fit Counseling

*This provider offers Individual Counseling; Marriage counseling; Play Therapy; Art Therapy; Brain Spotting; EDMR; Medication Management; Psychiatry. Options include Group Therapeutic, Individual Therapeutic, Psychiatric Facility.*

**Website:** <https://mindfitcounseling.com/carmel/>

**Phone:** 317-804-3696

**Address:** 755 West Carmel Drive, Suite 206 Carmel, IN 46032

## Mind Fit Counseling

*This provider offers Individual Counseling; Marriage counseling; Play Therapy; Art Therapy; Brain Spotting; EDMR; Medication Management; Psychiatry. Options include Group Therapeutic, Individual Therapeutic, Psychiatric Facility.*

**Website:** <https://mindfitcounseling.com>

**Phone:** 317-702-1600

**Address:** 1031 Kendall Court Westfield, IN 46074

## Mindful & Modern ABA Therapies

*This provider offers Autism Diagnosis; ABA therapy; Occupational Therapy; Speech therapy; Feeding therapy; Behavior consultation; Inclusion; Peer Learning; Hands-on Learning. Options include Applied Behavioral Analysis (ABA)\*, Individual Therapeutic, Summer Camps.*

**Website:** <https://montessoribaba.com/aba-therapy-zionsville-in>

**Phone:** 317-627-5555

**Address:** 4370 Weston Pointe Dr., Ste 200 Zionsville, IN 46077

## Mindful Morphosis Counseling

*This provider offers Depression; Self harm; Family issues; Suicidal ideation; Cognitive Behavioral (CBT); Dialectical Behavior (DBT); EMDR; Existential; Family Systems; Integrative; Interpersonal; Intervention; Mindfulness-Based (MBCT); Psychodynamic; Solution Focused Brief (SFBT); Strength-Based; Mood disorders; personality disorders. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.psychologytoday.com/us/therapists/mindful-morphosis-counseling-services-indianapolis-in/463300>

**Phone:** 317-699-8285

**Address:** 501 South 9th Street Suite 108 Noblesville, IN 46060

## Mindful Pieces Behavior Therapy

*This provider offers Problem solving; Autism Diagnostics; Child therapy; Parent Training; Feeding Programs; Transitional Support; Potty Training; Behavior Management. Options include Applied Behavioral Analysis (ABA)\*, Behavioral Health in-home Programs, Individual Therapeutic.*

**Website:** <https://www.mindfulpiecesaba.com/>

**Phone:** 317-489-7450

**Address:** 5410 Emerson Way, Indianapolis, IN 46229

# HAMILTON County Mental Health Resources



## Mini Minds

*This provider offers Mental Health; Behavior therapy; Speech Therapy; Feeding therapy; Sensory Processing; Occupational therapy; Nutrition and wellness consulting; Yoga; Summer Camps; Parent therapy. Options include Group Therapeutic, Individual Therapeutic.*

**Website:** <https://www.miniminds.org/>

**Address:** 580 East Carmel Drive, Suite 400, Carmel, IN 46032

**Phone:** 317-564-8332

## Mosaic Counseling

*This provider offers EMDR Therapy; Couples Therapy; Individual Therapy; Family therapy. Options include Group Therapeutic, Individual Therapeutic.*

**Website:** <https://www.mosaiccounselingindy.com/contact>

**Address:** 11083 Village Square Lane Fishers, IN 46038

**Phone:** 317-645-7691

## Mosaic Counseling

*This provider offers EMDR Therapy; Couples Therapy; Individual Therapy; Family therapy. Options include Group Therapeutic, Individual Therapeutic.*

**Website:** <https://www.mosaiccounselingindy.com/contact>

**Address:** 54 North 9th Street, Suite 260 Noblesville, IN 46060

**Phone:** 317-645-7691

## New Beginnings Family Counseling

*This provider offers Anxiety; New Mothers; Cognitive Behavioral Therapy; Couples Counseling; Anger Management; Stress; Communication skills; Enhancing intimacy; Conflict resolution; Parenthood transitions; Infidelity/ Betrayal trauma; Porn addiction; Divorce Adjustment; Building Strong marriages; Premarital counseling; Family counseling; Pregnancy; Miscarriage; Motherhood; Sexual Trauma/ Abuse; Infertility; Life transitions; Identity development; Mother/Father Wounds. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://newbeginningsfamilycounseling.com/womens-specialty-services/>

**Address:** 1033 3rd Ave SW, Suite 103, Carmel, IN 46032

**Phone:** 801-473-3707

## New Beginnings Family Counseling

*This provider offers Anxiety; New Mothers; Cognitive Behavioral Therapy; Couples Counseling; Anger Management; Stress; Communication skills; Enhancing intimacy; Conflict resolution; Parenthood transitions; Infidelity/ Betrayal trauma; Porn addiction; Divorce Adjustment; Building Strong marriages; Premarital counseling; Family counseling; Pregnancy; Miscarriage; Motherhood; Sexual Trauma/ Abuse; Infertility; Life transitions; Identity development; Mother/Father Wounds. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://newbeginningsfamilycounseling.com/>

**Address:** 300 E. Main Street, Suite C, Carmel, IN 46032

**Phone:** 801-473-3707

## NewDay Treatment Center

*This provider offers Individual therapy; Group therapy; Spiritual discipleship; experiential therapy; Post Treatment; Family counseling. Options include Group Therapeutic, Individual Therapeutic, Medication Assisted Treatments, Outpatient Services including Intensive Outpatient Services\*, Residential Treatment Center (long term)\*.*

**Website:** <https://thenewdaycenter.com/>

**Address:** 9240 N Meridian ST. Suite 340, Indianapolis, IN 46260

**Phone:** 317-291-1967

## Newman Counseling & Solutions

*This provider offers Adult counseling; Teen Counseling; Anxiety; Depression; Stress management; Women's concerns; Setting Boundaries; Blended family; Post divorce. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://counselingandsolutions.com/>

**Address:** 14074 Trade Center, Suite 146 Fishers, Indiana, IN 46038

**Phone:** 317-891-5793





# HAMILTON County Mental Health Resources

## Noblesville Counseling Center LLC

*This provider offers Eating Disorders; Emotional Disturbance; Family conflict; Anger management; ADHD; Bipolar Disorder; Coping Skills; Divorce; Peer relationships; Self Esteem; Spirituality; Teen Violence; Anxiety; Behavior issues; Depression; Parenting; Relationship Issues; Self harm; Suicidal Ideation; Impulse control; Mood Disorders. Options include Individual Therapeutic.*

**Website:** <http://www.noblesvillecounseling.com/>

**Address:** 341 Logan Street, Suite L110 Noblesville, Indiana, IN 46060 **Phone:** 317-364-4591

## One Sensible Solution

*This provider offers Individual Psychotherapy; Family Counseling; Play Therapy; Couples Counseling; Parent Counseling; Bipolar Disorder; Anger Management; Depression; Attention Deficit Hyperactive Disorder (ADHD); Grief and Loss; Mood and Anxiety; Disorders Oppositional Defiant Disorder (ODD); Panic Disorder; Self-Esteem Issues; Stress Management Adjustment Disorder; End of Life Stressors. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <http://www.onesensiblesolution.com/home.html>

**Address:** 10291 N Meridian St Suite 205 Indianapolis, IN 46290 **Phone:** 317-296-4914

## Opportunities for Positive Growth Inc.

*This provider offers Self directed services; Behavior Support; Music Therapy; Employment services; Occupational therapy; Respite; Community Habilitation; Pet therapy. Options include Applied Behavioral Analysis (ABA)\*.*

**Website:** <https://www.opgrowth.com/contact-us/>

**Address:** 10080 E 121st Street Suite 112, IN 46037 **Phone:** 317-813-1780

## Pathways to Healing Counseling

*This provider offers Personal Growth; Depression; Anxiety; Abuse; Family of Origin Issues; Grief and Loss; Stress Management; Addictive Behaviors; Work/Career Issues; Anger Management; Self Worth Issues; EMDR; Communication Skills; Enhancing Intimacy; Conflict resolution; Enrichment; Dual Career Concerns; Premarital Preparation; Addiction and Recovery; Family Counseling; Parenting Issues; Communication skills; Discipline; Custody Concerns; Finances; Blended Family Transitions; Sibling Conflicts; School Challenges; Divorce Recovery Counseling; Visitation And Mediation Solutions; Moving through Grief, anger, and Shame; Helping Children adapt; Co-parenting; Blended Families; New Beginnings; Public Speaking/ Workshops; Boundaries; Building Strong Marriages; Parenting Strategies. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://pathwaystohealingcounseling.com/contact/>

**Address:** 1212 Westfield Road Noblesville, IN 46062 **Phone:** 317-316-3077

## Pathways to Healing Counseling

*This provider offers Personal Growth; Depression; Anxiety; Abuse; Family of Origin Issues; Grief and Loss; Stress Management; Addictive Behaviors; Work/Career Issues; Anger Management; Self Worth Issues; EMDR; Communication Skills; Enhancing Intimacy; Conflict resolution; Enrichment; Dual Career Concerns; Premarital Preparation; Addiction and Recovery; Family Counseling; Parenting Issues; Communication skills; Discipline; Custody Concerns; Finances; Blended Family Transitions; Sibling Conflicts; School Challenges; Divorce Recovery Counseling; Visitation And Mediation Solutions; Moving through Grief, anger, and Shame; Helping Children adapt; Co-parenting; Blended Families; New Beginnings; Public Speaking/ Workshops; Boundaries; Building Strong Marriages; Parenting Strategies. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://pathwaystohealingcounseling.com/contact/>

**Address:** 2051 Monument Street, Noblesville, IN 46060 **Phone:** 317-316-3077

# HAMILTON County Mental Health Resources



## Pathways to Healing Counseling

*This provider offers Personal Growth; Depression; Anxiety; Abuse; Family of Origin Issues; Grief and Loss; Stress Management; Addictive Behaviors; Work/Career Issues; Anger Management; Self Worth Issues; EMDR; Communication Skills; Enhancing Intimacy; Conflict resolution; Enrichment; Dual Career Concerns; Premarital Preparation; Addiction and Recovery; Family Counseling; Parenting Issues; Communication skills; Discipline; Custody Concerns; Finances; Blended Family Transitions; Sibling Conflicts; School Challenges; Divorce Recovery Counseling; Visitation And Mediation Solutions; Moving through Grief, anger, and Shame; Helping Children adapt; Co-parenting; Blended Families; New Beginnings; Public Speaking/ Workshops; Boundaries; Building Strong Marriages; Parenting Strategies. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://pathwaystohealingcounseling.com/contact/>

**Address:** 120 Camilla Court Suite D Westfield, IN 46062

**Phone:** 317-316-3077

## Pediatric Speech & Language Solutions

*This provider offers Speech and Language Evaluations; Speech and Language screenings; Hearing screenings; Parent consultations; Individualized plans; Parent lending library. Options include Behavioral Health in-home Programs, Individual Therapeutic.*

**Website:** <https://psandls.com/contact/>

**Address:** 11708 N. College Avenue, Suite 150 Carmel, IN 46032

**Phone:** 317-569-0086

## PQC Coaching

*This provider offers Parenting; Parenting adult children; Organization; Preparation; Discipline; Confidence; Relationship with money; Communication; Depressed; Romantic relationships; Self relationship; Habits; Sleep hygiene; Addiction; Anxiety; Relationship to food. Options include Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.powerfulquestionscoaching.com/>

**Phone:** 785-422-6224

## Ransburg Counseling

*This provider offers Social Anxiety; Selective Mutism; Acceptance; Commitment Therapy; Attachment Therapy; Behavioral Therapy Coaching Cognitive Behavioral Therapy; Emotional Freedom; Techniques (EFT) Exposure Therapy Family System Therapy Mindfulness-based Therapy Motivational Interviewing Parent-Child Interaction Therapy Play Therapy Psychodynamic Therapy Solution-focused Therapy Depression Shyness Separation Anxiety Generalized Anxiety Obsessive Compulsive Disorder Panic Attack Phobias Traumas/Post Traumatic Stress Disorder Attention Deficit Hyperactivity Disorder/ADHD Attachment Issues Adoption Pregnancy, Prenatal, and Postpartum Acculturation and Identity Issues Disruptive Behaviors School Refusal. Options include Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.indymentalhealth.com/>

**Address:** 160 West Carmel Drive, Suite 216, Carmel, Indiana, IN 46032

**Phone:** 317-590-1760

## Ray of Hope Counseling

*This provider offers CBT Therapy; Depression; Traumatic loss; Grief Recovery method; Brief & Bereavement counseling. Options include Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://rohounseling.com/>

**Address:** 14074 Trade Center Dr Suite 139 Fishers, IN 46038

**Phone:** 317-575-0500

## Reclaimed Counseling

*This provider offers Depression; Anxiety; Relationship issues; Trauma; Self Esteem; Parenting Issues; Grief; Anger. Options include Group Therapeutic, Individual Therapeutic.*

**Website:** <https://www.reclaimedcounseling.com/>

**Address:** 14701 Cumberland Road Suite 170, Noblesville, IN 46060

**Phone:** 317-537-7906



# HAMILTON County Mental Health Resources

## Renewal Counseling

This provider offers Addictions; Anxiety; Children/Adolescents; Depression; EMDR; Faith & Spirituality; Family of Origin; Grief; Life Coaching; Trauma Counseling; Couples; Marriage Counseling; Discernment Counseling; Parenting; Pre marital. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).

**Website:** <https://www.myrenewalcounseling.com/>

**Address:** 1980 E. 116th St. Suite 220, IN 46032

**Phone:** 317-730-5155

## ResCare Community Living

This provider offers Adult Foster Care Host home; Day Programs; Daily Activities; Periodic living services; Supported living Services. Options include Residential Treatment Center (long term)\* Adult foster homes.

**Website:** <https://rescarecommunityliving.com/location/rescare-community-living-sheridan-indiana/>

**Address:** 903 S. Sheridan Ave Sheridan, Indiana, IN 46069

**Phone:** 317-758-5330

## Riverview Health Behavioral Care ( Riverview Health)

This provider offers Anxiety; Bipolar disorder; Depression; insomnia; Lifestyle modifications; OCD; PTSD; Postpartum depressions; Psychological clinical assessment/ Treatment; Relationship issues; Adolescent Pregnancy; Breastfeeding; Diabetes; Grief; Lymphedema; Mended Hearts; Postpartum anxiety; pregnancy; infant loss; Survivors of suicide loss. Options include Group Therapeutic, Individual Therapeutic.

**Website:** <https://riverview.org/locations/riverview-health-behavioral-care/>

**Address:** 205 Westfield Road Noblesville, IN 46060

**Phone:** 317-770-2841

## Riverview Health Emergency Room & Urgent Care- Fishers (Riverview Health)

This provider offers COVID Testing; Trauma beds; On site Laboratory; CT Scans; X Rays; Ultrasounds; EKG; ER 24/7. Options include Partial Hospitalization\*, Urgent Care.

**Website:** <https://riverview.org/locations/riverview-health-emergency-room-urgent-care>

**Address:** 9690 E 116th St. Fishers, IN 46037

**Phone:** 317-214-5750

## Scotia McClung Counseling

This provider offers Individual Therapy; Couples Therapy; Family therapy; Premarital couples; Anxiety; Depression; Couples issues; Women's issues; Family of Origin issues. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).

**Website:** <https://www.mcclungcounseling.com/>

**Address:** 300 E. Main St. Suite C Carmel, IN 46032

**Phone:** 317-660-1380

## Stepping Stones Behavioral Solutions LLC

This provider offers Diagnostics; Parent Training; Potty Training; Child therapy; Parent Support group; Healthy Habits; Transitional therapy; Speech Therapy; Occupational therapy; Behavior Management; Participant Assistance & Care. Options include Applied Behavioral Analysis (ABA)\*, Group Therapeutic, Individual Therapeutic.

**Website:** <https://steppingstonesindy.com/contact/>

**Address:** 29101 N State Road 19, Atlanta, IN 46031

**Phone:** 317-918-2689

## Stepping Stones Behavioral Solutions LLC

This provider offers Diagnostics; Parent Training; Potty Training; Child therapy; Parent Support group; Healthy Habits; Transitional therapy; Speech Therapy; Occupational therapy; Behavior Management; Participant Assistance & Care. Options include Applied Behavioral Analysis (ABA)\*, Group Therapeutic, Individual Therapeutic.

**Website:** <https://steppingstonesindy.com/contact/>

**Address:** 7405 Westfield Blvd, Indianapolis, IN 46240

**Phone:** 317-918-2689

# HAMILTON County Mental Health Resources



## Stepping Stones Behavioral Solutions LLC

*This provider offers Diagnostics; Parent Training; Potty Training; Child therapy; Parent Support group; Healthy Habits; Transitional therapy; Speech Therapy; Occupational therapy; Behavior Management; Participant Assistance & Care. Options include Applied Behavioral Analysis (ABA)\*, Group Therapeutic, Individual Therapeutic.*

**Website:** <https://steppingstonesindy.com/contact>

**Address:** 7405 Westfield Blvd Indianapolis, IN 46205, 46031

**Phone:** 317-918-2689

## Stepping Stones Behavioral Solutions LLC

*This provider offers Diagnostics; Parent Training; Potty Training; Child therapy; Parent Support group; Healthy Habits; Transitional therapy; Speech Therapy; Occupational therapy; Behavior Management; Participant Assistance & Care. Options include Applied Behavioral Analysis (ABA)\*, Group Therapeutic, Individual Therapeutic.*

**Website:** <https://steppingstonesindy.com/contact/>

**Address:** 7425 Westfield Blvd Indianapolis, IN 46205, 46031

**Phone:** 317-918-2689

## Sugar Creek Counseling LLC

*This provider offers E.M.D.R; Cognitive Behavior Therapy; Exposure and Response Prevention; Reality Therapy; Marriage counseling. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.sugarcreekcounseling.com>

**Address:** 600 E Carmel Drive, Carmel, IN 46032

**Phone:** 317-523-7431

## Suncrest Autism Center

*This provider offers Self Management Skills; Daily routines; Tantrums; Destructive & Self injury behaviors; Communication; Social Skills, Inappropriate Behaviors; Toileting; Eating; New Environments; Academics. Options include Applied Behavioral Analysis (ABA)\*, Individual Therapeutic.*

**Website:** <https://www.suncrestautismcenter.com/>

**Address:** 9783 E 116th St. PMB 1320 Fishers, IN 46037

**Phone:** 317-799-0920

## The Anxiety Relief Center

*This provider offers Urgent Relief; Biofeedback therapy; Brainspotting; Cognitive behavioral therapy; Mindfulness counseling; Sound Massage; Guided Imagery; Depression; Anger; ADHD; PTSD. Options include Group Therapeutic, Individual Therapeutic, Brain Spotting; Biosound therapy.*

**Website:** <https://www.centerforanxietyrelief.com/>

**Address:** 11083 Village Square Ln, Fishers, IN 46038

**Phone:** 317-537-2890

## The Cabin Counseling & Resource Center, Inc.

*This provider offers addictions; Adoption; Affair Recovery; Anger Management; Anxiety; Blended Family Transitions; Communication; Depression; Divorce Recovery; Eating Disorders; Family Conflict; Grief & Loss; Infertility; Infidelity; Life Transitions; Marital/ Couples Therapy; Men's Issues; Mid-Life crisis; OCD; Parenting; Post Partum Depression; PTSD; Pre marital Counseling; Rape Recovery; Retirement; School Performance; Self Esteem; Self Harm; Sexual Abuse Recovery; Sexual Problems; Spiritual formation; Suicide Prevention; Women's issues. Options include Group Therapeutic, Individual Therapeutic.*

**Website:** <https://www.thecabin.org/>

**Address:** 115 N. Union Street, Westfield, IN 46074

**Phone:** 317-804-3697

**Hotline:** 800-273

8255



# HAMILTON County Mental Health Resources

## The Counseling Center

*This provider offers programs for Individual Counseling; Couples Counseling; Teletherapy; Anxiety; Depression; Anger management; Alcoholism; substance abuse; family of addicts counseling; trauma therapy; EMDR Therapy; Grief and Loss; LGBTQIA+ Individual therapy; Sex addiction; and Men's issues. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://tcc-indy.com/contact/>

**Address:** 23 S. 8th Street, Suite 300 Noblesville, IN 46060

**Phone:** 317-754-0808

## Thrive Counseling Services

*This provider offers Individual therapy; Family therapy; Case Coordination/ Management; and Assessment. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.thrivecounselingindy.com/home>

**Phone:** 317-207-6301

## Thriveworks

*This provider offers Addiction Counseling; Anxiety Counseling; Child therapy; Couples Counseling; Family Therapy; Life Coaching; Online Psychiatry; Anger Management; Career Counseling; Depression Counseling; CBT; Grief Counseling; Marriage Counseling; Pre-marital counseling; Trauma Therapy. Options include Individual Therapeutic, Medication Assisted Treatments, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://thriveworks.com/noblesville-counseling/>

**Address:** 14540 Prairie Lakes Blvd Suite 100 Noblesville, IN 46060

**Phone:** 316-844-6324

## Thriveworks

*This provider offers Addiction Counseling; Anxiety Counseling; Child therapy; Couples Counseling; Family Therapy; Life Coaching; Online Psychiatry; Anger Management; Career Counseling; Depression Counseling; CBT; Grief Counseling; Marriage Counseling; Pre-marital counseling; Trauma Therapy. Options include Individual Therapeutic, Medication Assisted Treatments, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://thriveworks.com/noblesville-counseling/>

**Address:** 755 W Carmel Dr Suite 209 Carmel, IN 46032

**Phone:** 463- 231-3297

## Yellow Key Collaborative

*This provider offers Individual Therapy; Anxiety; Depression; Grief/Loss; Trauma; Addiction; Life transitions; Relationships; Perfectionism; Identity crisis; Identity development; Personal Growth; Art Therapy; Mindfulness practices; Gottman Method; EMDR; Brainspotting; Cognitive Behavioral therapy; Acceptance and commitment therapy. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.yellowkeycollab.com/>

**Address:** 223 Jersey Street, Westfield, IN 46032

**Phone:** 317-735-3119