

MAP KEY

Autism Resources

Mental Health Resources O Substance Misuse Resources



SUMMARY

| 1 Identity Counseling | `` | | |
|------------------------------------|---------------------------|--|--|
| Centerstone Bedford | 凰✓★★∅尝 | | |
| Common Thoughts Counseling LLC 📗 🗸 | | | |
| Family Matters Counse | ling and Consulting 📗 🗸 💋 | | |

Recover Together INC I 🗸 🖍 🔊 Serenity Now Psychiatric and Counseling Services (Hoosier Uplands Economic II 🗸 🏈 Development Corporation)

Stonecity Counseling 📗 🗸 🔊

Transitions Recovery





1 Identity Counseling 🗳

This Provider offers Individual Counseling; Couples Counseling; Teen Counseling, and Eye Movement Desensitization and Reprocessing (EMDR). Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), and EMDR. **Website:** https://lidentity.care/

Address: 1501 J Street. Suite

1501 J Street, Suite 200, Bedford, IN 47421

812-902-8007

Phone:

Centerstone Bedford 🔳 🗸 🛧 🛠 💋 🐇

This Provider offers Outpatient Intervention Services; Intensive Outpatient Program; Addiction Recovery Support Groups; Medication-Assisted Treatment; Inpatient Detox Services; Residential Treatment Programs; Intensive 24-Hour Residential Treatment in Community Group Homes; Therapeutic Foster Care; Intensive In-Home Services; Youth Addiction-Services; Good Child Welfare Practice; Family Preservation; Case Management; Adoption Services; Independent Living/Transitional Living Services; School-Based Therapy; Parent & Teacher Consultations; Risk Assessment (for suicidal or homicidal risk factors); Anger Disorders; Home Health Services; Therapeutic Retreats; Couples & Family Counseling; Housing Assistance; Employment Counseling; Online Support Groups, Classes & Workshops; Adult Independent Housing; Adult Supported Housing; Enhanced Support Housing; Medically Fragile Supported Housing, and Transitional Housing for Homeless Youth. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Inpatient Services including Inpatient Acute (short term), Medication Assisted Treatments, Outpatient Services including Intensive Outpatient Services, a Psychiatric Facility, Rehabilitation & Therapy, and Residential Treatment Center (long term).

Website: <u>https://centerstone.org</u> Address: 1315 Hillcrest Road, Bedford, IN 47421

| illcrest Road, Bedford, IN 47421 | Phone: | (800) 344-8802 |
|----------------------------------|----------|----------------|
| | Hotline: | 800-832-5442 |

Common Thoughts Counseling LLC 🔳 🗸

 This Provider offers Treatment Programs for Anxiety; Depression, and Extreme Fatigue. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic).

 Website:
 https://www.facebook.com/people/Common-Thoughts-Counseling-LLC/100075702776164/

 Address:
 1130 Hillcrest Rd, Bedford, IN 47421
 Phone:
 812-653-0339

Family Matters Counseling and Consulting 🔳 🗸 💋

This Provider offers Treatment Programs for Cognitive Behavior Therapy (CBT); Eye Movement Desensitization and
Reprocessing (EMDR) Therapy; Matrix Model Addictions Treatment; Anxiety; PTSD; Trauma and Depression. Options
include Group Therapeutic Counseling, Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic).Website:https://www.familymatterscc.com/Address:2809 Washington Ave, Suite R, Bedford, IN 47421Phone:(812) 278-8707

Recover Together INC 🛛 📗 🗸 💋

This Provider offers Medication Assisted Treatment (Suboxone prescription); Group Therapy Meetings; Individual Therapy Meetings, and Life Goal Assistance. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments and Online Visits (Telehealth and/or Telephonic).

Website: https://joingroups.com/

Address: 1141 16th St Bedford, IN 47421

Serenity Now Psychiatric and Counseling Services (Hoosier Uplands Economic Development Corporation)

This Provider offers Individual Therapy; Family Therapy; Addictions Counseling; Trauma Treatment; Treatment Focusing on Concerns of the LGBTQIA+ Community; Medication Management with a Focus on Depression, Bipolar Disorder, Anxiety Disorders Including Generalized Anxiety Disorder, Social Phobias, Panic Disorders, OCD and PTSD. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, a Psychiatric Facility, Rehabilitation & Therapy, and Psychiatric Medication Management for ages 12 and up. Website: https://serenitynowclinic.org/

Address: 2125 16th Street, Bedford, IN 47421

Phone: 812-275-4053

812-200-2789

Phone:



Stonecity Counseling 🛛 🔳 🗸 💋

This Provider offers programs for Addictions Treatment; Adjustment Disorders; Anger Management; Anxiety; Assertiveness Training; Attention Deficit & Hyperactivity Disorder; Behavioral Therapy; Bipolar Disorder; Client Centered Therapy; Cognitive Therapy; Conflict Resolution; Depression; Eye Movement Desensitization and Reprocessing (EMDR); Family Therapy; Grief Counseling; Marital Therapy; Mindfulness; Obsessive-Compulsive Disorder; Parenting Support; Personality Disorders; Play Therapy; Post-Traumatic Stress Disorder; Solutions Focused Brief Therapy; Stress Management; 12-Step Program, Work & Career Issues. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic).

Website:https://stonecitycounseling.org/Address:2325 Q St, Bedford, IN 47421

Phone: 812-279

812-279-4673

Transitions Recovery

This Provider offers Medication Assisted Treatments (Suboxone or Vivitrol). Options include Group Therapeutic Counseling, and Individual Therapeutic Counseling.

Website: http://www.bedfordtransitions.com/

Address: 2811 Washington Ave, Bedford, IN 47421

Phone: 812-675-0902