



STATEWIDE Mental Health Resources

MAP KEY



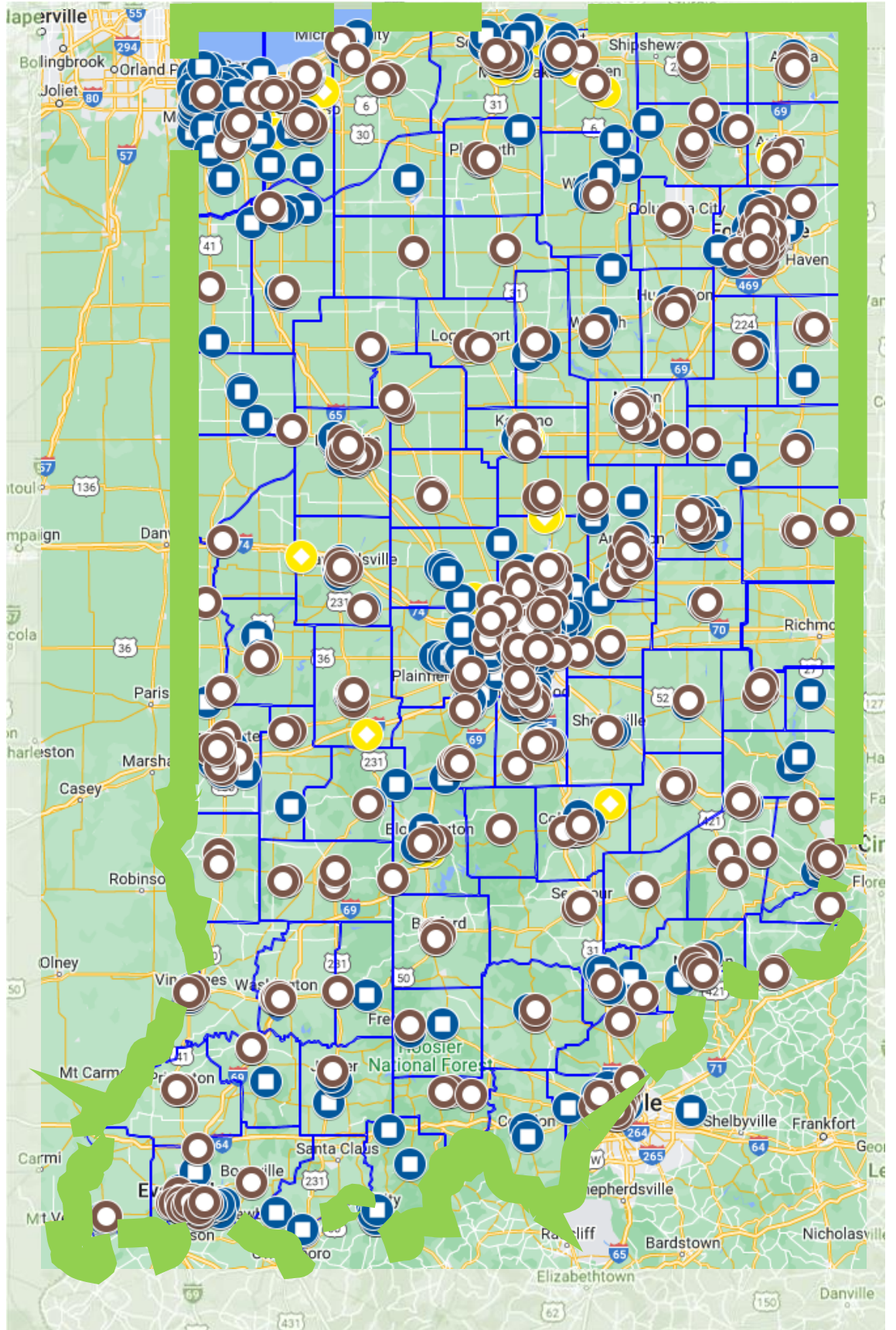
Autism Resources



Mental Health Resources



Substance Misuse Resources



STATEWIDE Mental Health Resources



SUMMARY

24 Hour Gambling Helpline

Addiction Resource Helpline
(chat and talk available)

Anthem Autism Spectrum Disorder
Program

Anthem Emotional Well-being Resources

Be Happy

Be Well Indiana Crisis Helpline

Believe in U

Crisis Text Line

Employee Assistance Program
(EAP)

Indiana 211

Indiana Addiction Hotline

Indiana Division of Mental Health: Mental health and
substance abuse block grant

Indiana Suicide Prevention

National Suicide Prevention Lifeline
(NSPL)

Next Level Recovery Indiana

RemedyLIVE- 24 hour Chat

Trevor Project- Suicide Prevention Hotline

Veterans Crisis Line

Youthline

Accepting New Patients

Anthem Programs

Active Military &
Veteran Resources

Autism Support

Disability Support

FREE Resources

Hospital Facility

KEY

Senior Resources

Substance Misuse
Support

Women's Support

Youth Resources



STATEWIDE Mental Health Resources

24 Hour Gambling Helpline 🗎

Options include Online Visits (including Telehealth and/or Telephonic).

Hotline: 800-994-8448

Addiction Resource Helpline (chat and talk available) 🗎

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.in.gov/fssa/dmha/addiction-services/indiana-addiction-hotline/>

Hotline: 800-662-4357

Anthem Autism Spectrum Disorder Program 🗎🦋👤

Options include Online Visits, Individual Therapeutic, Group Therapeutic, and Applied Behavioral Analysis (ABA)*.

Phone: 844-269-0538

Anthem Emotional Well-being Resources 🦋👤

Options include Online Visits (include Telehealth and/or Telephonic), and Individual Therapeutic,

Website: <https://www.anthem.com/>

Be Happy 🙌

Options include Other.

Website: <https://medicine.iu.edu/psychiatry/clinical-care/integrated/behavioral-health>

Phone: 317-278-7700

Be Well Indiana Crisis Helpline 🗎

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.in.gov/bewellindiana/>

Hotline: 866-211-9966

Believe in U 🗎🙌

Website: <https://believeinu.today/>

Text: 877-861-6807

Crisis Text Line 🗎

Options include Online Visits (including Telehealth and/or Telephonic).

Text: 741741

Employee Assistance Program (EAP) 🗎

Options include Other.

Website: <https://www.liveandworkwell.com/content/en/public.html>

Hotline: 800-886-9747

Indiana 211 🗎

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://in211.communityos.org/>

Phone: 866-211-9966

Text: 898-211

Hotline: 211

Indiana Addiction Hotline 🗎🌿

Hotline: 800-662-4357

STATEWIDE Mental Health Resources



Indiana Division of Mental Health: Mental health and substance abuse block grant

Website: <https://www.in.gov/fssa/dmha/mental-health-and-substance-abuse-block-grant/>
Phone: 1-888-301-2427

Indiana Suicide Prevention

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.in.gov/issp/>
Phone: 317-251-7575
Text: 839863

National Suicide Prevention Lifeline (NSPL)

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://988lifeline.org/>
Hotline: 800-273-8255

Next Level Recovery Indiana

Website: <https://www.in.gov/recovery/>

RemedyLIVE- 24 hour Chat

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.remedylive.com/>
Text: 494949

Trevor Project- Suicide Prevention Hotline

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.thetrevorproject.org/get-help/>
Text: 678678
Hotline: 866-488-7386

Veterans Crisis Line

Options include Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.veteranscrisisline.net/>
Text: 838255
Hotline: 988 or 800-273-8255

Youthline

Website: <https://www.theyouthline.org/>
Phone: 877-968-8491
Text: 839863