

# ELKHART County Mental Health Resources



## Addictions Recovery Centers



This provider offers Substance Abuse Treatment & Recovery Services. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), and Rehabilitation & Therapy.

**Website:** <https://arcenters.com/>

**Address:** 114 N Main St, Goshen, IN 46526

**Phone:** 574-533-6154

## Addictions Recovery Centers



This provider offers Outpatient Recovery Treatment Programs and Relapse Prevention Services. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, and Rehabilitation & Therapy.

**Website:** <https://arcenters.com/>

**Address:** 420 S. Second St. Elkhart, IN 46516

**Phone:** 574-293-1086

## Beacon Medical Group Behavioral Health South Bend



This hospital offers Ketamine Therapy; Electroconvulsive Therapy; Transcranial Magnetic Stimulation; Depression; Anxiety; Schizophrenia; and Family Therapy. Options include Applied Behavioral Analysis (ABA), Outpatient Services including Intensive Outpatient Services, and Transcranial Magnetic Stimulation.

**Website:** <https://locations.beaconhealthsystem.org/in/south-bend/beacon-medical-group-behavioral-health-south-bend>

**Address:** 707 N Michigan Street, Suite 400 South Bend, IN 46601

**Phone:** 574-647-8470

## Behavior Analysis Center for Autism (dba Autism Spectrum Therapies LLC)



This provider offers Autism Therapy & Habilitation. Options include Applied Behavioral Analysis (ABA), Behavioral Health in-home Programs, Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, and Rehabilitation & Therapy.

**Website:** [https://thebaca.com/locations/elkhart/?utm\\_source=gmb&utm\\_medium=local&utm\\_campaign=elkhart](https://thebaca.com/locations/elkhart/?utm_source=gmb&utm_medium=local&utm_campaign=elkhart)

**Address:** 30380 County Road 6, Elkhart, IN 46514

**Phone:** 574-343-2001  
317-376-4153

## Center For Problem Resolution- Elkhart



This provider offers services for Anger & Violence, Addiction, and Relapse Prevention. Options include Outpatient & Inpatient Services, Individual & Group Therapy Services.

**Website:** [centerforproblemresolution.org](http://centerforproblemresolution.org)

**Address:** 211 S 5th St, Elkhart, IN 46516

**Phone:** 574-294-7447

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|-------------------------------------|--------------------|--------------------------|
| Accepting New Patients              | Disability Support | Substance Misuse Support |
| Anthem Programs                     | FREE Resources     | Telehealth Services      |
| Active Military & Veteran Resources | Hospital Facility  | Women's Support          |
| Autism Support                      | Senior Resources   | Youth Resources          |

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# ELKHART County Mental Health Resources



## Center for Behavioral Medicine

*This provider offers Ketamine Therapy; Electroconvulsive Therapy; Transcranial Magnetic Stimulation; Depression; Anxiety; Schizophrenia; and Family Therapy. Options include Applied Behavioral Analysis (ABA), Outpatient Services including Intensive Outpatient Services, and Transcranial Magnetic Stimulation.*

**Website:** <https://www.beaconhealthsystem.org>

**Address:** 600 East Boulevard, Elkhart, IN 46514

**Phone:** 574-523-3498

## CleanSlate - Outpatient Addiction Medicine

*This provider offers Substance Abuse Treatment & Recovery Programs; Pregnancy & Addiction. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, and Rehabilitation & Therapy.*

**Website:** [https://www.cleanslatecenters.com/elkhart-indiana?utm\\_source=google&utm\\_medium=local&utm\\_campaign=IN\\_Elkhart](https://www.cleanslatecenters.com/elkhart-indiana?utm_source=google&utm_medium=local&utm_campaign=IN_Elkhart)

**Address:** 1004 Parkway Ave, Elkhart, IN 46516

**Phone:** 574-218-7131  
833-505-4673

## Elkhart General Hospital - Emergency Department

*This provider offers Inpatient Services including Acute Inpatient Services (short term), Outpatient Services, and Medicated Assisted Treatments.*

**Website:** <https://locations.beaconhealthsystem.org/in/elkhart/elkhart-general-hospital-emergency-department>

**Address:** 600 East Blvd, Elkhart, IN 46514

**Phone:** 574-294-2621  
(574) 350-2299

## Heart City Health- Scenic Location

*This provider offers Behavioral & Mental Health Services including Individual Therapeutic Services, Group Therapeutic Services, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.heartcityhealth.org/scenic/>

**Address:** 148 W Hively Ave. Suite, Elkhart, IN 46517

**Phone:** 574-350-2500,  
574-350-2299

## Heart City Health- Simpson Location

*This provider offers Behavioral & Mental Health Services including Individual Therapeutic Services, Group Therapeutic Services, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <website link>

**Address:** 236 Simpson Ave, Elkhart, IN 46516

**Phone:** 574-293-0052  
574-350-2299

## Hopebridge dba Elkhart Autism Therapy Center

*This provider offers Autism Therapy and Habilitation. Options include Applied Behavioral Analysis (ABA), Behavioral Health in-home Programs, Individual Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, and Rehabilitation & Therapy*

**Website:** <https://www.hopebridge.com/centers/elkhart-in/>

**Address:** 505 S 3rd St, Elkhart, IN 46516

**Phone:** 574-359-6796

## Hope Wellness Center

*This provider offers Individual Behavioral and Mental Health Services.*

**Website:** <https://www.hwcindiana.com/>

**Address:** 505 S 3rd St, Elkhart, IN 46516

**Phone:** 574-359-6796

# ELKHART County Mental Health Resources



## Key Counseling

*This provider offers Behavioral & Mental Health Substance Misuse Services. Options include Inpatient Services including Inpatient Acute\* (short term), Outpatient Services including Intensive Outpatient Services\*, and Individual Therapeutic Services*

**Website:** <https://www.keysounseling.org/services/>

**Address:** 120 S. Main St. Elkhart, IN 46516

**Phone:** 574-326-3905

## Lighthouse Autism Center - Elkhart North Center

*This provider offers Autism Therapy and Habilitation. Options include Applied Behavioral Analysis (ABA), Behavioral Health in-home Programs, Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, Rehabilitation & Therapy, and Residential Treatment Center (long term)*

**Website:** <https://lighthouseautismcenter.com/locations/elkhart-north-center/>

**Address:** 415 Waterfall Dr, Elkhart, IN 46516

**Phone:** 574-387-4313

## Lighthouse Autism Center - Goshen

*This provider offers Autism Therapy and Habilitation. Options include Applied Behavioral Analysis (ABA), Behavioral Health in-home Programs, Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, Rehabilitation & Therapy, and Residential Treatment Center (long term).*

**Website:** <https://lighthouseautismcenter.com/locations/elkhart-north-center/>

**Address:** 415 Waterfall Dr, Elkhart, IN 46516

**Phone:** (574)-387-4313

## Lincoln Counseling PC

*This provider offers Family-Focused Therapy; Relapse Prevention; Behavioral Parent Training; Solution Focused; Attachment Disorder; and Motivational Interviewing. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth) and Outpatient Services including Intensive Outpatient Services*

**Website:** <https://www.lincolntherapeutic.com/>

**Address:** 3040 Windsor Ct, Ste A, Elkhart, IN 46514

**Phone:** 574-255-4976

## McArthur Counseling Center

*This provider offers services in Anger Management, Medication Management, Bullying, Eating Disorders, Marital Problems, Family Problems, Self Harm and Self Esteem. Options include Individual Therapeutic Services, Group Therapeutic Services, Medication Assisted Treatments, Online Visits (Including Telehealth and/or Telephonic), Outpatient Services Including Intensive Outpatient Services, Rehabilitation and Therapy.*

**Website:** <https://mcarthurcounselingcenter.com/>

**Address:** 3120 Windsor Ct, Ste B, Elkhart, IN 46514

**Phone:** 574-267-1700

## Michiana Counseling Group

*This provider offers services in Abuse Issues, ADHD/ADD, Anxiety/Phobias, Depression, Divorce & Child Custody Issues. Options include Group Therapeutic Services, Individual Therapeutic Services, Online Visits (Including Telehealth and/or Telephonic), Outpatient Services Including Intensive Outpatient Services.*

**Website:** <https://www.michianacounseling.com/>

**Address:** 57340 Alpha Dr, Goshen, IN 46528

**Phone:** 574-293-0005

# ELKHART County Mental Health Resources



## Mindwell Group Counseling

*This provider offers Individual Therapy, Couples Counseling, Perinatal Therapy and Group Counseling. Options include Group Therapeutic Services, Individual Therapeutic Services, Online Visits (Including Telehealth and/or Telephonic), Outpatient Services Including Intensive Outpatient Services.*

**Website:** <https://www.mindwellgroup.com/>

**Address:** 1750 Kilbourn St, Elkhart, IN 46514

**Phone:** 574-266-8066

## Oaklawn Psychiatric Center

*This provider offers Individual Therapy, Group Therapy, Specialized Treatment Plans, Camps for Children of Parents Receiving Substance Abuse Training, Mentorship programs, Transitional Housing for; Adults, Adolescents, Children and Teens. Options Include Applied Behavioral Analysis (ABA)\*, Behavioral Health In-Home Programs, Group Therapeutic, Individual Therapeutic, Medication Assisted Treatments, Online Visits ( Including Telehealth and/or telephonic), Outpatient Services Including Intensive Outpatient Services, Partial Hospitalization, Psychiatric Facility, Rehabilitation and Therapy and Residential Treatment Center (long term)*

**Website:** <https://oaklawn.org/>

**Address:** 2600 Oakland Ave, Elkhart, IN 46517

**Phone:** 574-533-1234

## Psychology and Family Counseling

*ADHD, Alzheimer's, Anger Management, Anxiety, Behavioral Issues, Child and Adolescent, Chronic Pain, Depression, Divorce/Children of Divorce, Eating Disorders, Family Conflict, Grief and Loss, Obesity, Obsessive-Compulsive Disorder, Parenting, Relationship, Sleep Disorders, Spirituality, Trauma*

**Website:** <http://psychologicalandfamilyconsultants.com/>

**Address:** 926 East Jackson Boulevard, Elkhart, IN 46516

**Phone:** 574-522-6292

## Samaritan Health and Living Center

*This provider offers Behavioral and Mental Health. Options include Family therapy, Clinical Psychology, Social work, Marriage counseling, Pastoral counseling, Group Psychotherapy, EMDR, Play therapy, Narrative Therapy, Mindfulness Therapy, and Cognitive Behavioral Therapy.*

**Website:** <https://www.elkhartsamaritan.org/>

**Address:** 311 W High St Elkhart, IN 46516

**Phone:** 574-262-3597

## Virtus Health LLC

*This provider offers Down Syndrome Therapy. Options include Individualized Treatment Plants, One on One Therapy and Social Skills, Applied Behavioral Analysis (ABA), Individual Therapeutic Services, Rehabilitation and Therapy.*

**Website:** <https://www.virtus.health/goshen-indiana>

**Address:** 2014 Lincoln Way E, Ste 3, Goshen, IN 46526

**Phone:** 239-920-3948

## Westend Community Health Center

*This provider offers services in Fear, Depression, Confusion, Drug or Alcohol addiction/ Recovery, Individual therapy, Family therapy, Couples therapy. Options Include Individual and Group Therapeutic Services.*

**Website:** <https://www.mchcc.org/services>

**Address:** 2606 Peddlers Village Rd Ste 210 Goshen, IN 46526

**Phone:** 574-534-3300