

LA PORTE County Mental Health Resources



A New Focus Clinical Psychological Services PC

This provider offers mental health services. Options include Partial Hospitalization*, Psychiatric Facility, and Rehabilitation and Therapy.

Address: 1401 South Woodland Avenue Suite 5 Michigan City, IN 46360 **Phone:** (219) 879-8580

Just Breathe Counseling LLC

This provider offers Cognitive Behavioral Therapy (CBT); Dialectical Eye Movement Desensitization and Reprocessing (EMDR); Eye Movement Desensitization and Reprocessing (EMDR); Solution Focused Brief Therapy (SFBT), and Behavior Therapy (DBT). Options include Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, and Rehabilitation and Therapy.

Website: <https://justbreathecounselingmc.com/>
Address: 517 Franklin Street Suite 104 Michigan City, IN 46360 **Phone:** (219) 545-2972

Meridian Health Services Corp

This provider offers Suicide prevention and Skill Building. Options include Applied Behavioral Analysis (ABA)*, Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, and Inpatient Services including Inpatient Acute* (short term).

Website: <https://www.meridianhs.org/>
Address: 422 Franklin Street Suite F Michigan City, IN 46360 **Phone:** (800) 333-2647
Phone: (219) 688-1455

Innovations In Learning PC

This provider offers speech therapy. Options include Applied Behavioral Analysis (ABA)*, Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, and Inpatient Services including Inpatient Acute* (short term).

Website: <https://innovationsinlearning.net/>
Address: 5450 North Johnson Road Michigan City, IN 46360 **Phone:** (219) 791-1400

Renew Counseling LLC

This provider offers couples therapy. Options include Group Therapeutic and Individual Therapeutic.

Website: <https://www.deaconess.com/Deaconess-Gibson-Hospital>
Address: 100 Anchor Road Suite 2 Michigan City, IN 46360 **Phone:** (219) 608-8357

-  Accepting New Patients
-  Anthem Programs
-  Active Military & Veteran Resources
-  Autism Support
-  Disability Support
-  FREE Resources
-  Hospital Facility
-  Senior Resources
-  Substance Misuse Support
-  Telehealth Services
-  Women's Support
-  Youth Resources

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Sacks Clinical Consulting PC

This provider offers Grief & Bereavement. Options include Group Therapeutic and Individual Therapeutic.

Website: <https://sacksclinicalconsulting.com/home>

Address: 104 Woodland Circuit Suite B Michigan City, IN 46360

Phone: (219) 628-6463

NASR Psychiatric Services PC

This provider offers behavioral and mental health services. Options include Group Therapeutic, Individual Therapeutic, and Psychiatric Facility.

Website: <http://www.nasrps.com/>

Address: 2814 Franklin Street Michigan City, IN 46360

Phone: (219) 872-1500

LPA Co

This provider offers couples counseling. Options include Group Therapeutic, Individual Therapeutic, and Rehabilitation and Therapy.

Website: <https://www.lpacounseling.com/>

Address: 601 Franklin Street Suite 103 Michigan City, IN 46360

Phone: (219) 877-4772

Swanson Center Inc

This provider offers Addiction Services; Family Therapy; Individual therapy; Group therapy; Marriage Counseling; Individual; Depression; Anxiety; Post Traumatic Stress Disorder; Interpersonal Relationship Difficulties; Parent/Child Relationships, and Mood Disorders. Options include Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, and Rehabilitation and Therapy.

Website: <https://www.swansoncenter.org/>

Address: 7224 West 400 North Michigan City, IN 46360

Hotline: (219) 871-9975

Phone: (219) 879-4621

Swanson Center Inc (La Porte)

This provider offers This provider offers Addiction Services; Family Therapy; Individual therapy; Group therapy; Marriage Counseling; Individual; Depression; Anxiety; Post Traumatic Stress Disorder; Interpersonal Relationship Difficulties; Parent/Child Relationships, and Mood Disorders. Options include Individual Therapeutic Counseling, Group Therapeutic Counseling, Family Counseling, and Childhood Counseling.

Website: <https://www.swansoncenter.org/>

Address: 1230 State Road 2 West La Porte, IN 46350

Phone: (219) 362-2145

Northern Indiana Therapies LLC

This provider offers Medicaid Waiver Services. Options include Behavioral Health in-home Programs, Group Therapeutic, Individual Therapeutic, and Outpatient Services including Intensive Outpatient Services.

Website: <https://www.northernindianatherapies.org/>

Address: 804 Monroe Street La Porte, IN 46350

Phone: (219) 229-0109 Ext 1

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Purple Door Academy

This provider offers Direct Applied Behavioral Analysis therapy; Group Applied Behavioral Analysis therapy; social skill development; parent/caregiver training; behavior consultation; occupational therapy, and assessments with a board-certified behavior analyst. Options include Applied Behavioral Analysis (ABA)*, Group Therapeutic, Individual Therapeutic, and Rehabilitation and Therapy.

Website: <https://www.purpledooracademy.com/>
Address: 705 Harrison Street La Porte IN 46350

Phone: (219) 229-0109

HealthLinc

This provider offers Making Healthy Lifestyle Choices and Including Management of Chronic Conditions Such as High Blood Pressure. Options include Partial Hospitalization*, Psychiatric Facility, and Urgent Care.

Website: <https://healthlincchc.org/locations/la-porte/>
Address: 400 Teegarden Street La Porte, IN 46350

Hotline: (888) 580-1060
Phone: (219) 326-0043

Thomas M Allen Psych Consults

This provider offers Chemical Addictions Evaluations. Options include Group Therapeutic, Individual Therapeutic, and Psychiatric Facility.

Website: <http://www.psychconsults.org/index.html>
Address: 809 Jefferson Avenue La Porte, IN 46350

Phone: (219) 898-5646

NorthShore Health Centers Inc

This provider offers addiction services; Medication management, and Family Practice. Options include Inpatient Services including Inpatient Acute* (short term), Medication Assisted Treatments, Partial Hospitalization*, Psychiatric Facility, and Urgent Care.

Website: <https://northshorehealth.org/laporte-northshore-center/>
Address: 508 Legacy Plaza La Porte, IN 46350

Hotline: (888) 313-8557
Phone: (219) 763-8112

Samaritan Counseling Centers Inc

This provider offers Family Therapy; Individual therapy; Group therapy; Marriage Counseling; Individual; Depression; Anxiety; Post Traumatic Stress Disorder; Interpersonal Relationship Difficulties; Parent/Child Relationships, and Mood Disorders. Options include Group Therapeutic, Individual Therapeutic, and Rehabilitation and Therapy.

Website: <http://www.samaritancounselingmc.org/>
Address: 102 G Street La Porte, IN 46350

Phone: (219) 879-3283

Porter Starke Services Inc

This provider offers addiction services and Medication management. Options include Group Therapeutic, Individual Therapeutic, Rehabilitation and Therapy, and Residential Treatment Center (long term).

Website: <https://www.porterstarke.org/>
Address: 1230 West State Road 2 La Porte, IN 46350

Hotline: (219) 531-3500
Phone: (219) 304-6300

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Franciscan Behavioral Health Michigan City

This provider offers Residential addiction treatment programs; behavioral health hospitalization; medication management; geriatric behavioral health services, and outpatient programs. Options include Inpatient Services including Inpatient Acute (short term), Medication Assisted Treatments, Partial Hospitalization*, Group Therapeutic, and Individual Therapeutic.*

Website: <https://www.franciscanhealth.org/find-a-location/franciscan-behavioral-health-michigan-city-219233>

Address: 301 West Homer Street Michigan City, IN 46360 **Phone:** (219) 878-8380

Choices Counseling Services

This provider offers addiction; anger management; codependency; coping skills development; group therapy; individual therapy; grief & loss; infertility; infidelity; motivational interviewing; psychodynamic therapy, and solution focused brief therapy. Options include Individual Therapeutic Counseling, Group Therapeutic Counseling, Substance Abuse Treatment Programs, and Medication Assisted Treatment Programs.

Website: <https://www.choicescounselingservices.com/home.html>

Address: 2424 Franklin Street Michigan City, IN 46360 **Phone:** (219) 548-8727

HealthLinc Inc

This provider offers Medication management; Attention Deficit Hyperactivity Disorder; panic & anxiety & fear; depression; emotional disturbances; behavioral issues; anger management; mood stabilization; adjustment difficulties; insomnia, and psychological & emotional balance. Options include Individual Therapeutic Counseling, Group Therapeutic Counseling, Family Medicine, and Dental Services.

Website: <https://healthlincchc.org/locations/michigan-city/>

Address: 200 Alfred Street Michigan City, IN 46360 **Phone:** (219) 872-6200

Kathryn Zeckel PHD DBA Dynamic Psychology

This provider offers Individual therapy; anxiety & panic disorders; depression; Attention Deficit Hyperactivity Disorder, and Post Traumatic Stress Disorder. Options include Individual Therapeutic Counseling, Group Therapeutic Counseling, and Substance Abuse Treatment Programs.

Website: <https://www.dynamicpsychologyllc.com/>

Address: 619 Franklin Street Suite 203 Michigan City, IN 46360 **Phone:** (219) 561-0168

Samaritan Counseling Centers Inc

This provider offers anger management; codependency; coping skills development; divorce issues; domestic violence; eating disorders; family conflict; family therapy; group therapy; individual therapy; grief & loss; infidelity; internet addiction; marital & premarital issues; parenting; pregnancy/prenatal/postpartum; relationship issues; school issues; self-esteem; self-harming; sexual abuse; stress; women's issues; dissociative disorders; mood disorders; acceptance & commitment therapy; cognitive behavioral therapy; family systems; motivational interviewing, and psychodynamic therapy. Options include Individual Therapeutic Counseling, Group Therapeutic Counseling, Family Counseling, and Child Counseling Services.

Website: <http://www.samaritancounselingmc.org/>

Address: 340 Commerce Square Michigan City, IN 46360 **Phone:** (219) 879-3283

LA PORTE County Mental Health Resources



Groups Recover Together

This provider offers addiction counseling; individual counseling; group counseling; medication assisted treatment, and custom life goal assistance. Options include Group Based Addiction Counseling Services, Individual Therapeutic, Medication Assisted Treatments, and Online Visits (including Telehealth and/or Telephonic).

Website: <https://locations.joiningroups.com/in/laporte/groups-recover-together-la-porte-in-grt847.html>

Address: 614 Andrew Avenue La Porte, IN 46350

Phone: (812) 200-2789

Choices Counseling Services

This provider offers addiction; anger management; codependency; coping skills development; group therapy; individual therapy; grief & loss; infertility; infidelity; motivational interviewing; psychodynamic therapy, and solution focused brief therapy. Options include Individual Therapeutic Counseling, Group Therapeutic Counseling, Family Counseling, Couples Therapy, Grief Counseling, and Co-Parenting Counseling.

Website: <https://www.choicescounselingservices.com/home.html>

Address: 910 Michigan Avenue La Porte, IN 46350

Phone: (219) 548-8727