

# PORTER County Mental Health Resources



## Change Therapy Center LLC

This provider offers Dialectical Behavioral Therapy; Suicidal Ideations; Self-injurious behaviors; Trauma; Eye movement Desensitization and reprocessing therapy. PEDBT; Trauma Focused Cognitive Behavioral Therapy; Grief and Loss; Anger Management; Anxiety; Depression; Women's reproductive and hormonal health; Custody; Family Conflict; Eating Disorders; Addiction; Relapse Prevention; Body Image; Self-Esteem; Dual Diagnosis, and Psychoeducation. Options include Group Therapeutic, Individual Therapeutic, and Outpatient Services including Intensive Outpatient Services.

**Website:** <https://www.changetherapycenter.org/>

**Address:** 954 Eastport Centre Drive Suite B Valparaiso, IN 46383

**Phone:** (219) 286-6482

## Midwest Center for Youth and Families

This provider offers Dialectical Behavioral Therapy; Post Traumatic Stress Disorder, Dialectical behavior therapy, Prolonged Exposure; Mindfulness; Emotion Regulation; Distress Tolerance; Interpersonal Effectiveness, and Family therapy. Options include individual therapy.

**Website:** <https://midwest-center.com/>

**Address:** 1012 West Indiana Street Kouts, IN 46347

**Phone:** (888) 629-3471

## Choices! Counseling Services

This provider offers Individual Counseling; Family Counseling; Couples Counseling; Therapeutically Supervised Visitation; Grief Counseling; Co-Parenting Counseling; Psychological Assessment; Home studies; Psycho-sexual Assessment; Personality testing; Business coaching; Visionary Planning; Employee Coaching; Trauma; Anxiety; Depression; Eye movement Desensitization and reprocessing therapy, Sexual Assault/ Forensic Interviewing; Wellness; Substance Abuse Counseling; Substance Abuse Assessment; Crisis Management; Crisis Intervention; Critical Incident Stress Management; Anger management; Drug and Alcohol Education; Smoking Cessation Classes; Mediation Services; Child Custody Evaluations; Court Testimony and Report Preparation; and Court Ordered Services. Options include Group Therapeutic, Individual Therapeutic, and Outpatient Services including Intensive Outpatient Services.

**Website:** <https://www.choicescounselingservices.com/home.html>

**Address:** 1158 West Lincolnway Valparaiso, IN 46385

**Phone:** (219) 548- 8727

## Your Life Solutions, LLC

This provider offers Depression; Anxiety; Bright Light therapy; Seasonal Affective Disorder; Couples Counseling; Family Counseling; Parenting Support; Grief Counseling; Work/Career Support; Stress management; Addiction and recovery; Conflict resolution; LGBTQ Issue; Military Life challenges, and Group Therapy. Options include Group Therapeutic and Individual Therapeutic.

**Website:** <https://www.yourlifesolutions.org/>

**Address:** 1496 Pope Court Suite 2 Chesterton, IN 46304

**Phone:** (219) 250-2157

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|  Accepting New Patients              |  Disability Support |  Substance Misuse Support |
|  Anthem Programs                     |  FREE Resources     |  Telehealth Services      |
|  Active Military & Veteran Resources |  Hospital Facility  |  Women's Support          |
|  Autism Support                      |  Senior Resources   |  Youth Resources          |

# KEY

# PORTER County Mental Health Resources



## Fresh Start Counseling

*This provider offers Anger management; Court mandated therapy; Domestic violence; Distracted Driving; EAP Services; Family counseling; Marital counseling; Couples counseling; Out of state arrest; Stress management; substance abuse; eating disorders; theft assistance; Cocaine quiz; Addiction quiz, and Marijuana quiz. Options include individual therapeutics.*

**Website:** <https://www.freshstartcounseling.org/>

**Address:** 1552 West Lincolnway Valparaiso, IN 46385

**Phone:** (219) 548-9400

## Family Concern Counseling

*This provider offers Martial Counseling; Pre-Marital Counseling; Anxiety; Codependency; Child therapy; Teen Counseling; Depression; Self-Injury; Anger; Addictive Behavior; Improved Communication; Work through past hurts; Reigniting attachment; Breaking Negative Patterns; Job loss, and Single Parent. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://www.familycounsel.org/valparaiso>

**Address:** 2004 Valparaiso Street, Valparaiso, IN 46383

**Phone:** (219) 477-5646

## LPA Counseling

*This provider offers Depression; Anxiety; Mental illness; Trauma; Unemployment; Substance Abuse; Life Stressors; Chronic Illness; Disabled Adults; Aging; Retirement; Grief and Loss; Postpartum Depression; Sexual Abuse; Physical Abuse; Eating Disorders; Active Duty/ Veteran Related Issues; Relationship Conflict; Affairs; Separation/Divorce; Sexual Concerns; Domestic Violence; Parenting; Dual Career Families; Financial Decision Making; Discernment Counseling; ADHD; Academic Performance; Defiant/Violent Behaviors; Blended Families, and Therapeutic Visitation. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.lpacounseling.com/>

**Address:** 2005 Valparaiso Street Suite 209 Valparaiso, IN 46383

**Phone:** (219) 252-5464

## Behavior Specialists of Indiana

*This provider offers Autism Spectrum Disorders; Developmental disabilities; Anxiety; Attention Deficits, and Conduct Disorders. Options include individual therapeutics.*

**Website:** <https://www.bsitherapy.com/>

**Address:** 2101 Comeford Road Valparaiso, IN 46383

**Phone:** (219) 462-6705

## Duneland Counseling Center

*This provider offers Anxiety; Depression; Stress; Conflict; Panic Attacks; Grief; Trauma; Family therapy; Couples counseling; adolescent challenges; aging transitions; blended families; School Issues; Children Issues; Couples & Intimacy; Family Stress; Grief Issues; Home & Work conflicts; Parenting Skills, and Trauma Survival. Options include individual therapeutics.*

**Website:** <https://www.duneland-counseling.com/>

**Address:** 215 West Indiana Avenue Chesterton, IN 46304

**Phone:** (219) 921-0705

# PORTER County Mental Health Resources



## Compass Counseling of Northwest Indiana LLC ✓ 📞

*This provider offers Anxiety; Depression; Couples Counseling; Men's Issues; Trauma; Relationship Issues; Career Counseling; Chronic Illness; Chronic Pain; Adjustment Disorder; Coping Skills; Divorce; Marital and Premarital counseling; Sport performance; Stress; Autism Spectrum Disorder; LGBTQIA+; Integrative Therapy; Acceptance and Commitment; Person Centered; Emotionally Focused; Gottman Method; Attachment Based, and Cognitive Behavioral Therapy. Options include Individual Therapeutic and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://compasscounselingnwi.com/>

**Address:** 253 Indiana Avenue Suite 2W Valparaiso, IN 46385

**Phone:** (219) 286-3605

## Midwest Center for Youth and Families 🏠 ✓ 🤝

*This provider offers Dialectical Behavioral Therapy; Post Traumatic Stress Disorder; DBT Prolonged Exposure; Mindfulness; Emotion Regulation; Distress Tolerance; Interpersonal Effectiveness, and Family therapy. Options include individual therapeutics.*

**Website:** <https://midwest-center.com/>

**Address:** 2301 Cumberland Drive Valparaiso, IN 46383

**Phone:** (888) 629-3471

## Valparaiso Psychotherapy Associates 🏠 ✓

*This provider offers Addiction; Depression; Marital counseling; Premarital counseling; Anger management; Anxiety; Borderline Personality disorder; Codependency; Divorce; Domestic Abuse; Dual Diagnosis; Eating Disorders; Family Conflict; Infidelity; Men's Issue's; Military/Veterans; Self Esteem; Trauma, Post Traumatic Stress Disorder. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://valparaisopsychotherapy.com/contact/>

**Address:** 253 Indiana Avenue Valparaiso, IN 46383

**Phone:** (219) 641-3027

## Wells Family Counseling 🏠 ✓ 🤝

*This provider offers Eye Movement Desensitization and Reprocessing; Post Traumatic Stress Disorder; Body Image; Eating Disorders; Cyberbullying; Anxiety; Substance Abuse; Self-harming; Dialectical Behavioral Therapy; Cognitive Behavioral therapy; Suicidality; Family Systems, and Trauma. Options include Individual Therapeutic and Outpatient Services including Intensive Outpatient Services.*

**Website:** <https://wellsfamilycounseling.com/>

**Address:** 150 Lincolnway Valparaiso, IN 46383

**Phone:** (219) 554-8855

## LakeFront Treatment 🏠 ✓ ★ 🌿

*This provider offers Eye Movement Desensitization and Reprocessing; Post Traumatic Stress Disorder; Emotional trauma treatment; Anxiety; Depression; Addiction counseling; Employ Assistance Program; Wellness coaching program; individual therapy, and Telehealth services. Options include Individual Therapeutic and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://lakefronttreatment.com/>

**Address:** 257 Indiana Avenue Suite G5 Valparaiso, IN 46383

**Phone:** (291) 331-9914

# PORTER County Mental Health Resources



## Lighthouse Autism Center

*This provider offers Applied behavioral analysis Therapy; Diagnostic services; Parent Support meetings; 1:1 Therapy, and Speech therapy. Options include Applied Behavioral Analysis (ABA) and Individual Therapeutic.*

**Website:** <https://lighthouseautismcenter.com/locations/valparaiso-center/>

**Address:** 2606 Valley Drive Valparaiso, IN 46383

**Phone:** (574) 387-4313

## Pillars of Wellness

*This provider offers Marriage Counseling; Couples Counseling; Premarital Counseling; Family Therapy; Individual therapy; Child therapy; Adolescent therapy; Faith-based Counseling; Life coaching; Wellness; Psychological Assessment; Group therapy; Sports Psychology; Comprehensive wellness; Dialectical Behavioral therapy; School Based Services; First Responder services; Bereavement Services, and University Counseling. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.pillarstherapy.com/>

**Address:** 2801 Bertholet Boulevard Suite 301 Valparaiso, IN 46383

**Phone:** (219) 323-3311

## Opportunity Enterprises Headquarters

*This provider offers Residential Programs; Respite Care; Daily Living skills; Transportation; Jobseeker, and Vocational Training. Options include individual therapeutics.*

**Website:** <https://www.oppent.org/contactus>

**Address:** 2801 Evans Avenue Valparaiso, IN 46383

**Phone:** (219) 464-9621

## Aspire Counseling Services

*This provider offers Attention Deficit hyperactivity disorder; Depression; Anxiety; Panic Attacks; Anger management; family therapy; Bipolar disorder; addictions; Sexual Trauma; Grief and Loss; Identity development; conflict resolution; Obsessive Compulsive Disorder; Body image issues; eating disorders; Post Traumatic, Stress Disorder; Parenting issues; Divorce; Eye Movement Desensitization and Reprocessing, and Families of origin. Options include individual therapeutics.*

**Website:** <https://www.aspirecounselingwi.com/copy-of-contact-us>

**Address:** 2803 Boilermaker Circuit Suite 1C Valparaiso, IN 46383

**Phone:** (219) 286-7043

## ANPS IN LLC

*This provider offers individual therapeutics.*

**Website:** <https://www.anps-in.com/index.html>

**Address:** 3000 Murvihill Road Valparaiso, IN 46383

**Phone:** (219) 462-0246

## OE East Opportunity Enterprises (Opportunity Enterprises)

*This provider offers Residential Programs; Respite Care; Daily Living skills; Transportation; Jobseeker; and Vocational Training. Options include individual therapeutics.*

**Website:** <https://www.oppent.org/contactus>

**Address:** 3101 Evans Avenue Valparaiso, IN 46383

**Phone:** (219) 464-9621

# PORTER County Mental Health Resources



## Lighthouse Autism Center

*This provider offers Applied Behavioral Analysis Therapy; Diagnostic services; Parent Support meetings; 1:1 Therapy, and Speech therapy. Options include Applied Behavioral Analysis (ABA)\*, Individual Therapeutic.*

**Website:** <https://lighthouseautismcenter.com/locations/portage-center-2/>  
**Address:** 3125 Willowcreek Road Portage, IN 46368 **Phone:** (574) 387-4313

## Porter Starke Services

*This provider offers Pharmacy; Psychiatric Services; Admissions, and Case management. Options include Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), and Psychiatric Facility.*

**Website:** <http://porterstarke.org/> **Hotline:** (219) 531-3500  
**Address:** 3176 Lancer Street Portage, IN 46368 **Phone:** (219) 762-9557

## Lakeside Day Services (Opportunity Enterprises)

*This provider offers Residential Programs and Daily Living skills. Options include individual therapeutics.*

**Website:** <https://www.oppent.org/contactus>  
**Address:** 32 South Fish Lake Road Valparaiso, IN 46385 **Phone:** (219) 464-9621 ext. 445

## Better Life MD Suboxone Doctor

*This provider offers Opioid addiction; Opioid dependence; Alcoholism; nicotine dependence; Suboxone treatment; Vivitrol treatment; Campral Treatment; and Addiction management. Options include medication assisted treatments.*

**Website:** <https://www.betterlifemdpc.com/#summary>  
**Address:** 3325 Willowcreek Road Portage, IN 46368 **Phone:** (219) 850-4490

## Parkdale Center

*This provider offers Cognitive Behavioral Therapy; Trauma; Anxiety, Depression; Substance use; Behavioral Challenges; Life adjustments; Transitions; Choice theory; Family systems; Group Counseling; Family Counseling; Mindfulness; alcohol and Drug Education; Medication Education; Spiritual Guidance; Gratitude, and Nutritional Guidance. Options include Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), Online Visits (including Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services\*, and Partial Hospitalization.*

**Website:** <https://parkdalecenter.com/>  
**Address:** 350 Indian Boundary Road Chesterton, IN 46304 **Phone:** (888) 895-2471

## Progression Counseling Group

*This provider offers Anger Management; Coping Skills; Social Development; Recreation; Citizenship; Career Awareness; Family Issues; Social Skills; Psycho-education, Medical services; Academic struggles; Oppositional/ Defiant Behavior; Peer Relationships; Depression; Anxiety; Self-harming Behavior; Stress; Problems with Communication; Teen Pregnancy; Parent/separation Divorce; Loss/Bereavement; Physical illness Affecting Mood; Gender/Sexual Identity; Problems with family; and Adjusting to life changes. Options include individual therapeutics.*

**Website:** <https://www.progressioncg.com/>  
**Address:** 3681 Green Road Suite 404 Beachwood, OH 44122 **Phone:** (216) 342-5484

# PORTER County Mental Health Resources



## Life Strategies

*This provider offers Conflict Resolution; Communication; Life challenges; Divorce; Anxiety Depression; Emotional Concerns; Improving Intimacy; Reconnecting; Marriage Preparation; Family Conflict; Blended Families; Unemployment; Gender Issues; Addictions; Stress reduction; Anger Management; Obsessive Compulsive Disorder; Infidelity; Financial Stressors; Time Commitment issues; Child therapy; Aggression; Self Harm; Eating Concerns; Daily Tasks; Life Skills; and Applied Behavioral analysis Therapy. Options include Applied Behavioral Analysis (ABA)\* and Individual Therapeutic.*

**Website:** <https://life-strategies.net/>

**Address:** 442 Sand Creek Drive North #101 Chesterton, IN 46304

**Phone:** (219) 359-3272

## Valparaiso Respite Home (Opportunity Enterprises)

*This provider offers Residential Programs; Respite Care; Daily Living skills; and Transportation. Options include individual therapeutics.*

**Website:** <https://www.oppent.org/contactus>

**Address:** 478 High Meadows Circle Valparaiso, IN 46385

**Phone:** (219) 548-0206

## Life and Trauma Survivor Center, LLC

*This provider offers Adoption; Anger Management; Anxiety; Behavioral Issues; Child; Chronic impulsivity; Coping Skills; Depression; Divorce; Grief; Life Coaching; Life Transitions; Parenting; Peer Relationships; School Issues; Self Esteem; Self-Harming; Sexual Abuse; Stress; Suicidal Ideation; Teen Violence; Dissociative Disorders; Mood Disorders; Impulse Control Disorders; Thinking Disorders; Cognitive Behavioral Therapy; Attachment Based; Clinical Supervision and Licensed Supervisors; Cognitive Processing Therapy; Culturally Sensitive; Eye Movement Desensitization and Reprocessing, Emotionally Focused; Experiential Therapy; Family/Marital; Family Systems; Internal Family Systems; Motivational Interviewing; Prolonged Exposure therapy; Strength based therapy; Structural family therapy, and Trauma focused. Options include Individual Therapeutics.*

**Website:** <https://www.psychologytoday.com/us/therapists/sherrie-shivok-valparaiso-in/441081>

**Address:** 502 Wall Street Valparaiso, IN 46383

**Phone:** (219) 615-6030

## Valparaiso Autism Therapy Center (Hopebridge)

*This provider offers Autism testing and diagnosis; Applied Behavioral Analysis therapy; Occupational therapy; Speech and language therapy; Feeding and Swallowing therapy; and Family training. Options include Applied Behavioral Analysis (ABA)\* and Individual Therapeutics.*

**Website:** <https://www.hopebridge.com/centers/valparaiso-in/>

**Address:** 551 Eastport Center Drive Valparaiso, IN 46383

**Phone:** (855) 324-0885

## Porter Starke Services

*This provider offers Pharmacy; Psychiatric Services; Admissions, and Case management. Options include Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), and Psychiatric Facility.*

**Website:** <http://porterstarke.org/>

**Address:** 601 Wall Street Valparaiso, IN 46383

**Hotline:** (219) 531-3500

**Phone:** (219) 531-3500

# PORTER County Mental Health Resources



## Globe Star

*This provider offers Community Life; Work Life; Mentoring; Life enrichment; Behavioral support services; Counseling; Individual therapy; Psychological Assessments, and Crisis intervention. Options include Group Therapeutic, Individual Therapeutic.*

**Website:** <https://globe-star.org/services/>

**Address:** 621 Broadway Chesterton, IN 46304

**Phone:** (219) 921-5492

## Family Focus

*This provider offers Home-based therapy intervention; Coping abilities; Parent training; Substance abuse; mental illness; Development disability; dysfunctional family of origin; Father support, and Work life balance. Options include Behavioral Health in-home Programs and Individual Therapeutics.*

**Website:** <https://familyfocusinc.net/>

**Address:** 660 West Morthland Drive Suite A Valparaiso, IN 46385

**Phone:** (219) 462-9200

## Porter Starke Services

*This provider offers Pharmacy; Psychiatric Services; Admissions, and Case management. Options include Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute\* (short term), and Psychiatric Facility.*

**Website:** <http://porterstarke.org/>

**Address:** 704 South State Road 2 Hebron, IN 46341

**Phone:** (219) 996-2641

## State of Mind Therapy

*This provider offers Cognitive based therapy; Eye Movement Desensitization and Reprocessing, Mindfulness- based; Depression; Grief; and Adjustment Concerns. Options include Individual Therapeutic and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://www.stateofmindtherapyservices.com/>

**Address:** 709-2279 Plaza Drive Chesterton, IN 46304

**Phone:** (219) 230-8311

## Franciscan Emergency Center Chesterton (Franciscan Health)

*This provider offers Sprains; Stroke; Heart Attack; Life threatening conditions; X-Rays; Ultrasounds; Trauma Nursing care, and Emergency Medicine. Options include emergency center.*

**Website:** <https://www.franciscanhealth.org/find-a-location/franciscan-emergency-center-chesterton-218388>

**Address:** 770 Indian Boundary Road, Chesterton, IN 46304

**Phone:** (219) 921-2000

## Care Counseling

*This provider offers Individual Counseling; Family Counseling; Psychiatric referrals; Medical Referrals; Aftercare groups; Specialty care for Adult Children of alcoholics; Co dependency, and Self-help groups. Options include Group Therapeutic, Individual Therapeutic, and Inpatient Services including Inpatient Acute\* (short term).*

**Website:** <https://carecounselingportercounty.com/>

**Address:** 793 Juniper Road #2 Valparaiso, IN 46385

**Phone:** (219) 759-6760

# PORTER County Mental Health Resources



## New Beginnings Counseling

*This provider offers Family Therapy; Peer Pressure; Relapse Prevention Groups; Substance Abuse education; Low Self-Esteem; Maintain Sobriety; Coping Skills; Life Stressor Skills, and Relapse Prevention Techniques. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <http://newbeginningsportercounty.com/>  
**Address:** 793 Juniper Road Valparaiso, IN 46385

**Phone:** (219) 203-2343

## Innovative Counseling Solutions

*This provider offers Child Therapy; Mood Disorders; Anxiety Disorders; Major Depressive; Bi-polar; Obsessive Compulsive Disorder; Sexual/Physical Abuse; Accident; Post Traumatic Stress Disorder; Adjustment Disorder; Divorce-related Issues; Attention Deficit Hyperactivity Disorder; Anger management; Substance use; Defiant Behaviors; Parent-Child Relational Issues; School/Family Issues; Behavioral Management; Biofeedback; Psychological testing; Evaluations; Sexually Maladaptive youth; Dialectical Behavior Therapy; Grief and Loss; and Intellectual Delays. Options include individual therapeutics.*

**Website:** <https://innovativecounselingsolutionsllc.com/>  
**Address:** 8 Morgan Boulevard Valparaiso, IN 46383

**Phone:** (219) 525-1737

## Mobile Wellness Incorporated

*This provider offers Suicide Prevention; Medication Assistance; Attention Deficit Hyperactivity Disorder Treatment; Bipolar Disorder; Depression; Anxiety; Interpersonal Relationships; Personal Development; and Couples Counseling. Options include individual therapy.*

**Website:** <https://mwiservices.org/contact-us/>

**Phone:** (866) 413-1988

## Stanley P Lelek, PSYD

*This provider offers Individual counseling; Adult Counseling; Substance Abuse; Life Transitions; Coping Skills, and Depression. Options include individual therapeutics.*

**Website:** <http://www.stanlelekpsyd.com/>  
**Address:** 2503 Chicago Street Suite F Valparaiso, IN 46383

**Phone:** (219) 464-4195

## Healthlinc INC

*This provider offers individual therapy; medication management; Codependency; coping skills; divorce issues; domestic abuse; domestic violence; pregnancy/prenatal/postpartum issues; relationship issues sexual abuse; stress management; women's issues, and interpersonal therapy. Options include Individual Therapeutic and Medication Assisted Treatments.*

**Website:** <https://healthlincchc.org/locations/porter-starke/>  
**Address:** 701 Wall Street Valparaiso, IN 46383

**Phone:** (219) 299-8419

## LPA Counseling

*This provider offers Individual counseling; Couples Counseling; Family Counseling; Adult Counseling; Substance Abuse; Life Transitions; Coping Skills; Depression; divorce issues; domestic abuse; domestic violence, and interpersonal therapy. Options include Group Therapeutic, Individual Therapeutic, and Medication Assisted Treatments.*

**Website:** <https://www.lpacounseling.com/>  
**Address:** 2005 Valparaiso Street Suite 107 Valparaiso IN 46383

**Phone:** (219) 252-5464



# PORTER County Mental Health Resources



## Life and Trauma Survivor Center LLC

*This provider offers Stress; Substance Abuse; Children; Adolescents; Adults; Seniors; Post Traumatic Stress Disorder; Attention Deficit Hyperactivity Disorder; Mood Disorders; Anxiety; Oppositional Defiant Disorder; Obsessive Compulsive Disorder; Marriage Counseling; Post Partum; Post Parenting; Detaching Assistance; Grandparents Rearing Grandchildren; Aging issues; Grief Therapy; and Eye Movement Desensitization and Reprocessing Therapy. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <https://lifeandtraumasurvivorcenter.godaddysites.com/>

**Address:** 402 Wall Street Suite 42 Valparaiso, IN 46383

**Phone:** (219) 241-0212

## Circle City ABA

*This provider offers Direct Applied Behavioral Analysis ABA therapy; Group Applied Behavioral Analysis ABA therapy; social skill development; parent/caregiver training; behavior consultation; occupational therapy; assessments with a board certified behavior analyst. Options include Applied Behavioral Analysis (ABA)\*, Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic), Rehabilitation and Therapy*

**Website:** <https://circlecityaba.com/valparaiso-in/>

**Address:** 501 Wall Street Suite 53 Valparaiso, IN 46383

**Phone:** (317) 960-4052

## Sankofa Counseling

*This provider offers Individual counseling; Couples Counseling; Family Counseling; Adult Counseling; Substance Abuse; Life Transitions; Coping Skills; Depression; divorce issues; domestic abuse; domestic violence; and interpersonal therapy. Options include Group Therapeutic, Individual Therapeutic, and Substance Misuse.*

**Website:** <https://www.sankofacounseling.net/>

**Address:** 402 Wall Street Suite 53 Valparaiso, IN 46383

**Phone:** (219) 929-6205

## Richard A Price, PSYD

*This provider offers Individual counseling; Adult Counseling; Life Transitions; Coping Skills; and Depression. Options include Individual Therapeutic.*

**Website:** <https://richardapricepsyd.weebly.com/>

**Address:** 175 Lincolnway Suite G Valparaiso, IN 46383

**Phone:** (219) 462-9868

## Center for Christian Counseling

*This provider offers Individual counseling; Couples Counseling; Family Counseling; Adult Counseling; Life Transitions; Coping Skills; Depression; and divorce issues. Options include Group Therapeutic and Individual Therapeutic.*

**Website:** <http://www.centerforchristiancounseling.com/index.html>

**Address:** 204 Lincolnway Valparaiso, IN 46383

**Phone:** (219) 531-0865

# PORTER County Mental Health Resources



## Healthline INC

*This provider offers individual therapy; medication management; Substance Abuse; Life Transitions; and Primary Care. Options include Individual Therapeutic, Substance Misuse, and Medication Assisted Treatments.*

**Website:** <https://healthlinecchc.org/locations/valparaiso/>

**Address:** 1001 Sturdy Road Valparaiso, IN 46383

**Phone:** (219) 462-7173

## Family Wellness Center

*This provider offers Individual counseling; Couples Counseling; Family Counseling; Adult Counseling; Anger Management; Life Transitions; Coping Skills; Depression; divorce issues; Work and Career Issues; Conflict Resolution; interpersonal therapy; and Sex Therapy. Options include Group Therapeutic and Individual Therapeutics.*

**Website:** <https://valparaisotherapy.com/>

**Address:** 1551 Sturdy Road Suite 3 Valparaiso, IN 46383

**Phone:** (219) 531-0111

## Connecting Pieces

*This provider offers Individual counseling; Couples Counseling; Family Counseling; Attention Deficit Hyperactivity Disorder; Autism services; Grief Counseling; Panic Disorders; Conflict Resolution; Depression, and Anxiety. Options include Group Therapeutic, Individual Therapeutic, and Medication Assisted Treatments.*

**Website:** <https://www.connectingpieces.org/>

**Address:** 402 Wall Street Suite 22 Valparaiso, IN 46383

**Phone:** (254) 423-4315

## Silhavy Place

*This provider offers Individual counseling; Couples Counseling; Psychological assessment and testing; Family Counseling; ADHD; Autism services; Grief Counseling; Panic Disorders; Conflict Resolution; Depression; Anxiety. Options include Group Therapeutic, Individual Therapeutic, and Psychological assessments.*

**Website:** <https://silhavyplace.com/index.html>

**Address:** 505 Silhavy Road Suite 100 Valparaiso, IN 46304

**Phone:** (219) 464-1234

## Third Coast Psychiatric Group

*This provider offers Individual counseling; Attention Deficit Hyperactivity Disorder; Grief Counseling; Panic Disorders; Conflict Resolution; Depression; Anxiety. Options include Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).*

**Website:** <https://thirdcoastpsychiatricgroup.com/>

**Address:** 119 Broadway Suite 105 Chesterton, IN 46304

**Phone:** (844) 257-0989