

POSEY County Mental Health Resources



Autism Home Services LLC

This provider offers Creating goals and Encourage involvement. Options include Applied Behavioral Analysis (ABA) and Behavioral Health in-home Programs.

Website: <http://www.autismhomeservices.com/>

Address: 905 West Glen Park Avenue Griffith, IN 46319

Phone: (219) 501-1729

Choosing Therapy

This provider offers Anxiety; Depression; Marital; Premarital; Addiction; Alcohol Use; Coping Skills; Drug abuse; Grief; Relationship Issues; Spirituality; Stress; Substance use, and Women's Issues. Options include Group Therapeutic and Online Visits (including Telehealth and/or Telephonic).

Website: <https://www.choosingtherapy.com/vivian-ireton-lcsw/>

Address: 638 East Water Street Mount Vernon, IN 47620

Hotline: 9-8-8

Phone: (812) 203-5619

Posey County Regional Services (Southwestern Behavioral Healthcare, Inc)

This provider offers Anxiety; Depression; Bullying; Life Changes; Grief and Loss; Moving; Self-Harm; Eating Disorders; Individual Therapy; Group therapy; Case Management, and Parent Training. Options include Group Therapeutic, Individual Therapeutic, Outpatient Services including Intensive Outpatient Services*, Psychiatric Facility, Residential Treatment Center (long term), and Accudetox.

Website: <https://www.southwestern.org/county-services>

Address: 309 North Sawmill Street Mount Vernon, IN 47620

Hotline: (812)-422-1100

Phone: (812) 838-6558

Sabrina Lynn Young MSW, LCSW

This provider offers Poor Work-life balance; Hostile Work Environment; Low hourly pay; Negative Company culture; Work Conflicts; Anxiety; Relationship Issues; Depression; Mental fog; Suicidal thoughts, and Attention Deficit Hyperactivity Disorder. Options include Individual Therapeutic and Online Visits (including Telehealth and/or Telephonic).

Website: <https://sabinayounglcsw.securepatientarea.com/portal/index/default/>


Address: 424 Vine Street Mount Vernon, IN 47620

Phone: (317) 300-4653


 Accepting New Patients

 Disability Support

 Substance Misuse Support


 Anthem Programs

 FREE Resources

 Telehealth Services

 Active Military & Veteran Resources

 Hospital Facility

 Women's Support

 Autism Support

 Senior Resources

 Youth Resources

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