

HAMILTON County Mental Health Resources



Adapt for Life

This provider offers Youth Autism Treatment Programs including Applied Behavioral Analysis (ABA) Therapy, Individual Therapeutic Counseling, and Youth Summer Camp programs. Treatment services include Autism Diagnosis; Occupational Therapy; Speech Therapy; Feeding Therapy; Behavior Consultation; Inclusion; Peer Learning; and Hands-on Learning.

Website: <https://aflaba.com/fishers/>

Address: 11845 Allisonville Road Fishers IN, 46038

Phone: (317) 799-1584

Anchor Behavioral Counseling

This provider offers Behavioral Health Counseling Programs including Individual Therapeutic Counseling, and Online Counseling Sessions (Telehealth and/or Telephonic). Counseling Services include Adjustment Disorders; Anger Management; Anxiety Disorders; Cognitive Disorders; Depression; Developmental Disabilities; Disruptive Behavior; Domestic Violence; Eating Disorders; Grief & Loss; Impulse-Control Disorders; Marital Conflict; Mood Disorders; Parent & Child Relationship Conflict; Personality Disorders; and Sexual Abuse (victims) Counseling.

Website: <https://www.anchorbehavioral.com/>

Address: 11909 Lakeside Dr, Fishers, IN, 46038

Phone: (317) 577-8680

Applied Behavior Center for Autism

This provider offers Youth Autism Treatment Programs including Applied Behavioral Analysis (ABA) Therapy, and Virtual Therapeutic Counseling (Telehealth and/or Telephonic). Services include Language & Communication; Speech Therapy; Social Skills; School Preparation; Adaptive & Self Care Skills Development; Play Skills; Coping & Tolerance Skills; Vocational Skills; and Diagnostic Testing.

Website: <https://appliedbehaviorcenter.org/fishers/>

Address: 12244 E 116th Street Fishers, IN, 46038

Phone: (317) 842-5437

Applied Behavior Center for Autism

This provider offers Youth Autism Treatment Programs including Applied Behavioral Analysis (ABA) Therapy, and Virtual Therapeutic Counseling (Telehealth and/or Telephonic). Services include Language & Communication; Speech Therapy; Social Skills; School Preparation; Adaptive & Self Care Skills Development; Play Skills; Coping & Tolerance Skills; Vocational Skills; and Diagnostic Testing.

Website: <https://appliedbehaviorcenter.org/locations/carmel/>

Address: 13431 Old Meridian Street Suite #190, IN, 46032

Phone: (317) 573-5437

Applied Behavior Center for Autism

This provider offers Youth Autism Treatment Programs including Applied Behavioral Analysis (ABA) Therapy, and Virtual Therapeutic Counseling (Telehealth and/or Telephonic). Services include Language & Communication; Speech Therapy; Social Skills; School Preparation; Adaptive & Self Care Skills Development; Play Skills; Coping & Tolerance Skills; Vocational Skills; and Diagnostic Testing.

Website: <https://appliedbehaviorcenter.org/early-childhood-center-noblesville/>

Address: 9155 E. 146th Street Noblesville, IN, 546060

Phone: (317) 219-5702

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|  Accepting New Patients |  Disability Support |  Substance Misuse Support |
|  Anthem Programs |  FREE Resources |  Telehealth Services |
|  Active Military & Veteran Resources |  Hospital Facility |  Women's Support |
|  Autism Support |  Senior Resources |  Youth Resources |

KEY



HAMILTON County Mental Health Resources

Ascension St. Vincent Stress Center

This provider offers Behavioral Health Counseling Services and Substance Abuse Programs and Resources. Counseling Services are limited to Individual Therapeutic Counseling. Services include Prenatal Mood Disorders; Anxiety; Coping with Aging; Depression; Chronic Pain; Complex Health Conditions; Drug Dependency; Alcohol Dependency; and Youth Behavioral Health Concerns.

Website: <https://healthcare.ascension.org/locations/indiana/ineva/indianapolis-ascension-st-vincent-stress-center>
Address: 8401 Harcourt Rd Indianapolis, IN, 46260 **Phone:** (317) 338-4800

Aspire Administration Office (Aspire Indiana Health)

This provider offers Behavioral Health Counseling Services and Substance Abuse Recovery Treatment Programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Outpatient Services including Intensive Outpatient Services. Services include Family Therapy; Crisis Care; Cognitive Behavior Therapy; Motivational Interviewing; Dialectical Behavior Therapy (DBT); Cannabis Youth Treatment; Risk Assessment; Suicide Intervention & Prevention; Relapse Prevention; and Drug Screening.

Website: <https://healthcare.ascension.org/locations/indiana/ineva/indianapolis-ascension-st-vincent-stress-center>
Address: 9615 East 148th Street Suite 1 Noblesville, IN, 46060 **Phone:** (317) 587-0500

Aspire Indiana LLC

This provider offers Behavioral Health Counseling Services and Substance Abuse Recovery Programs, specializing in Youth and Disabled Persons services. Services include Applied Behavioral Analysis (ABA), Behavioral Health in-home Programs, Group Therapeutic Counseling, Individual Therapeutic Counseling, Inpatient Services including Inpatient Acute (short term), and a Psychiatric Facility

Website: <https://www.aspireindiana.org/noblesville-office>
Address: 17840 Cumberland Rd., Noblesville, IN, 46060 **Phone:** (317) 773-6864

Attuned Mind Counseling Services

This provider offers Behavioral Health Counseling Services including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Virtual Counseling Services (Telehealth and/or Telephonic). Services and treatment programs include; Anxiety; Behavioral Issues; Bipolar Disorder; Depression; Domestic Abuse; Life Transitions; Obsessive Compulsive Disorder (OCD); Parenting Issues; Stress Management; Self Harm; Infidelity; and Emotional Disconnect.

Website: <https://www.attunedmindcounseling.com/>
Address: 23 S 8th St., Noblesville, IN, 46060 **Phone:** (317) 207-2118

Autism Center in Noblesville

This provider offers Autism Treatment Programs specializing in Youth Treatment Services. Provider services include Applied Behavioral Analysis (ABA) Therapy, Developing New Skills; Shaping Existing Skills; Decreasing Problem Behaviors; Speech Therapy; Custom Therapy; Natural Environment Teachings; Long Term Development; and Parental involvement.

Website: <https://lighthouseautismcenter.com/locations/noblesville-center/>
Address: 15755 North Point Blvd Noblesville, IN, 46060 **Phone:** (317) 222-1242

BACA 1

This provider offers Community services; Speech and Language Therapy; In home services; Tele-Applied Behavioral Analysis (ABA) services; and one-on-one services with Behavior Technicians. Options include ABA Therapy, Behavioral Health in-home Programs, and Online Visits (including Telehealth and/or Telephonic).

Website: <https://thebaca.com/>
Address: 11902 Lakeside Drive Fishers, IN 46038 **Phone:** 317-288-5232
844-263-1613



HAMILTON County Mental Health Resources

BACA Prep

This provider offers Community services; Speech and Language Therapy; In home services; Tele-Applied Behavioral Analysis (ABA) services; and one-on-one services with Behavior Technicians. Options include ABA Therapy, Behavioral Health in-home Programs, and Online Visits (including Telehealth and/or Telephonic).

Website: <https://thebaca.com/>

Address: 9929 E 126th Street Fishers, IN 46038

Phone: 317-436-8961

Baume Psychological Services

This provider offers treatment for Abuse Victimization; ADHD; Academic Underachievement; Alcohol & Drug Abuse; Anger Management; Anxiety; Depression; Asperger's Treatment Programs; Bullying Prevention; Attention Seeking Behavior; Blended Family Issues; LGBTQ+ Issues; Low self-Esteem; Manipulation; Sibling conflict; Chronic pain; Financial stress; Mania; Sexual Abuse Victimization; Vocational Stress; Women's issues; Impulse control; Men's issues; PTSD; Grief/Loss; and OCD. Options include Group Therapeutic and Individual Therapeutic.

Website: <https://www.drbaume.com/>

Address: 12337 Hancock St. Suite 20 Carmel, IN 46032

Phone: 317-706-6744

Building Bridges Counseling

This provider offers Behavioral Health counseling services including Individual Therapeutic Counseling and Group Therapeutic Counseling. Services include Trauma Focused Therapy; Depression; Grief Counseling; Addiction; Eye Movement Desensitization and Reprocessing; PTSD; and Anxiety.

Website: <https://www.bbcounseling.com/>

Address: 120 Camilla Ct Suite D Westfield, IN, 46074

Phone: (317) 371-5505

Cadence Psychology Studio

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Services include Depression; Anxiety; Childhood Trauma; Attachment Issues; Grief & Loss; Life Review & Aging; Relationship Issues; Sexual Issues; Communication Issues; Affair Recovery; Imposter Syndrome; Self-Worth; Perfectionism; and Work-life Balance.

Website: <https://www.cadencepsychologystudio.com/>

Address: 600 E Carmel Dr Suite 263, Carmel, IN, 46032

Phone: (317) 747-0574

Carmel Health Center (Aspire Indiana Health)

This provider offers Family Therapy; Crisis Care; Cognitive Behavior therapy; Motivational Interviewing; Dialectical Behavior Therapy; Cannabis Youth Treatment Programs; Risk Assessment; Suicide Intervention & Prevention; Relapse Prevention; and Drug Screening. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, and Outpatient Services including Intensive Outpatient Services.

Website: <https://www.aspireindiana.org/about/locations>

Address: 697 Pro-Med Lane Carmel, IN 46032

Phone: 317-574-0055

Carmel Psychology

This provider offer Behavioral Health Counseling Services including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program options include Psychological Evaluations; Anxiety; Attention Regulation Disorders; Executive Functioning Difficulties; Autism Spectrum Disorders; High Ability Learners; School related Issues; Bereavement; Depression; and Divorce Counseling.

Website: <http://www.carmelpsychology.com/home.html>

Address: 230 1st Street NE, Carmel, Indiana, 46032

Phone: (317) 810-1005



HAMILTON County Mental Health Resources

Cartwright Counseling

This provider offers treatment for EMDR; Depression; Anxiety; Trauma therapy; Grief; PTSD; Panic attacks; and Avoidance behaviors. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).

Website: <https://cartwrightcounseling.com/>

Address: 136 South Ninth Street Suite 204, Box 663, Noblesville, IN 46060

Phone: 317-401-9919

Center for Hope

This provider offers Behavioral Health Counseling Programs including Individual Therapeutic Counseling and Group Therapeutic Counseling. Services include Child Therapy; Play Therapy; Cognitive Behavioral Therapy; Hope & Help for Parents; Depression; Anxiety; Teen Suicide; Couples Treatment; Family Therapy; Eating Disorders; Nutrition Services; Postpartum help.

Website: <https://www.center4hope.com/>

Address: 8483 Fishers Center Drive, Fishers, IN, 46038

Phone: (317) 598-8887

Circle City ABA

This provider offers Direct Applied Behavioral Analysis (ABA) Therapy; Group ABA Therapy; Social Skills; Parent Training; Behavior Consultation; Occupational Therapy; and Assessment. Options include Applied Behavioral Analysis (ABA) and Group Therapeutic Counseling.

Website: <https://circlecitcityaba.com/>

Address: 11530 Allisonville Rd, Fishers, IN 46038

Phone: 317-742-9730

CleanSlate

This provider offers Substance Abuse Treatment Programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, and Rehabilitation & Therapy. Treatment services include Medication Assisted Treatment; Opioid Addiction Treatment; Alcohol Addiction Treatment; Anxiety; Depression; Pregnancy Addiction; Nicotine Addiction Treatment; Hepatitis C Treatment; and Coping Skills;

Website: <https://www.cleanslatecenters.com/noblesville-indiana>

Address: 18051 River Road, Suite 101 Noblesville, IN, 46062

Phone: (317) 674-0062

Collaborative Change

This provider offers Behavioral Health Counseling Programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Services include Depression; Anxiety; Self Esteem; Anger Management; Grief; Life Transitions; Stress Management; Cognitive Behavioral Therapy; Art Therapy; Client Centered Therapy; Mindfulness; Holistic Therapy; Trauma Focused Therapy; Meditation; Couples Therapy; Adoptive Parents; Behavior Management; Communication Difficulties; Attachment Issues; and Divorce Counseling.

Website: <https://www.collaborative-change.com/>

Address: 605 Sheridan Rd., Noblesville, IN, 46060

Phone: (317) 296-4187

Compass Counseling and Consulting Services

This provider offers Behavioral Health Counseling programs including Individual and Group Therapeutic Counseling. Program services offered include Anxiety; Depression; Mindfulness; Cognitive Based therapy; Food & Eating Issues; and Negative Thoughts.

Website: <https://compasscounselingonline.com/>

Address: 14074 Trade Center Dr. #141, Fishers, IN, 46038

Phone: (317) 824-9237

Compassionate Roots

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety; Depression; ADHD; Trauma; Grief/ Loss; Mood disorders; Postpartum mental health; adoption support; hoarding; panic disorder; OCD; Life transitions; domestic violence; Chronic illness; infidelity; Divorce; Parenting support;

Website: <https://www.compassionateroots.com/>

Address: 154 Carey Drive Noblesville, IN, 46060

Phone: (317) 219-5570



HAMILTON County Mental Health Resources

Connections Counseling and Consulting, LLC

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Children's Therapeutic Counseling, Parenting Counseling, and Family Therapeutic Counseling. anxiety, depression, desire for personal growth that conflicts with current relationships, grief related to emotional and/or physical loss, divorce recovery, effective single parenting, guilt and shame related to your belief system, issues related to domestic violence, ADHD, emotion regulation, loss & grief, blended family issues, adjustment to change, creating secure bonds, school behavior issues, bullying, social media & electronics issues, technology and social media influences and subsequent behaviors, healthy co-parenting techniques, positive discipline, Therapy, exploration of family dynamics, bonding with your child, and conflict related to disciplining children and stepchildren.

Website: <https://www.connectionsconsulting.com/>

Address: 10255 Commerce Drive STE 136 Carmel, IN, 46032

Phone: (317) 800-9446

Connections of Hope

This provider offers Behavioral Health Counseling services including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Services include Depression; Anxiety; Parenting; Coping Skills; Infidelity; Life Coaching; Martial Therapy; Self Harm; Suicidal Ideation; and Trauma & PTSD.

Website: <https://www.connectionsforhope.com/>

Address: 10255 Commerce Drive, Suite 151, Carmel, IN, 46032

Phone: (317) 525-1589

Connections of Hope

This provider offers Behavioral Health Counseling services including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Services include Depression; Anxiety; Parenting; Coping Skills; Infidelity; Life Coaching; Martial Therapy; Self Harm; Suicidal Ideation; and Trauma & PTSD.

Website: <https://www.connectionsforhope.com/>

Address: 16095 Prosperity Drive, Suite 102, Noblesville, IN, 46060

Phone: (317) 525-1589

Connections of Hope

This provider offers Behavioral Health Counseling services including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Services include Depression; Anxiety; Parenting; Coping Skills; Infidelity; Life Coaching; Martial Therapy; Self Harm; Suicidal Ideation; and Trauma & PTSD.

Website: <https://www.connectionsforhope.com/>

Address: 14074 Trade Center Dr., Suite 225, Fishers, IN, 46038

Phone: (317) 525-1589

Consulting by Cappy

This provider offers Online Individual Therapeutic Counseling services. Program services include Anxiety; Stress; Anger Management; Coping Skills; Women's issues; Life transitions; Chronic illness; Grief & Loss; and Relationship counseling.

Website: <https://www.consultingbycappy.com/>

Address: Virtual Consultation

Phone: (317) 766-3117

Counseling Center At The Cross Inc.

This provider offers Religious based Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Grief & Loss; Life Transitions; Sexual Addictions; Anxiety; Blended Family Counseling; Children's Counseling; Anxiety; Depression; Divorce Recovery; Eating Disorders; Affair Recovery; Family Counseling; Gender Identity Concerns; Impulse Control; Setting Boundaries; Men's Issues; Martial Counseling; OCD; Personal Growth; Pornography Addiction; Self Esteem; and Stress Management.

Website: <https://www.indyhope.com/>

Address: 10412 Allisonville Rd., Suite 105 Fishers, IN, 46038

Phone: (317) 578-9200

Cracked Open Therapy

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling, and Rehabilitation programs. Program services include Eye Movement Desensitization and Reprocessing Therapy (EMDR); Anxiety; Depression; Medication Management; Substance Abuse; Business Consultation; Couples Counseling; and Internal Family Systems.

Website: <https://www.crackedopentherapy.com/>

Address: 185 S 8th St. Noblesville, IN, 46060

Phone: (317) 279-5529



HAMILTON County Mental Health Resources

Discovery Counseling LLC

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Life Coaching; Couples Counseling; Adolescents 15+; Individual Counseling; Acceptance & Commitment; Brainspotting; Coaching; Cognitive Behavioral Therapy (CBT); Dialectical Behavioral; Experiential Therapy; Exposure Response Therapy; Family/ Marital; Gestalt; Internal Family systems; Mindfulness- Based Therapy; Meditation; Motivational Interviewing; Narrative; Positive Psychology; Rational Emotive Therapy; Relaxation; Solution Based Therapy; Strength Based Therapy; Trauma Focused Therapy; and Trauma Informed CBT.

Website: <https://www.discovery-llc.com/company/home>

Address: 1717 E 116th St Ste 112 CARMEL, IN, 46074

Phone: (317) 804-4540

Emerald Neuro-Recover

This provider offers Behavioral Health Counseling and Substance Abuse Recovery programs including Individual Therapeutic Counseling, Medication Assisted Treatments, Outpatient Services including Intensive Outpatient Care Services, and Rehabilitation & Therapy. Program services include Allergy & Asthma; Anxiety; OCD; ADHD; Candida; Chronic Fatigue; Depression; Diabetes; Hypothyroidism; IBS & Digestive Disorders; Insomnia; Alcohol Outpatient Detox; Drug Rehab Options; Intensive outpatient Treatment; Amino Acid therapy; Work burnout; Screen Addiction; and Brain Healing;

Website: <https://www.emerald-neuro-recover.com/>

Address: 12265 Hancock Street Suite 42 Carmel, IN, 46032

Phone: (317) 606-8778

Emily Koehler

This provider offers Virtual Behavioral Health Counseling Services including Group and Individual Therapeutic Counseling. Program services include Anxiety; Perfectionism; Relationship with Food & Body Image; Navigating Life Transitions; and Relationships/Dating.

Website: <https://www.emkoehler.com/>

Address: Virtual Consultation

Phone: (317) 434-3092

Family Counseling Associates

This provider offers Behavioral Health Counseling programs for Anxiety; Depression; Stress; EMDR Therapy; Relationship problems; Substance Use problems; Grief/Loss; Self-Esteem; Career Issues; Spiritual Concerns; Peer Relationships; School Performance; Problem Solving; Improved communication; and Restoring trust. Options include Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic).

Website: <https://fcahelp.com/>

Address: 9961 Crosspoint Boulevard, #100 Indianapolis, IN 46256

Phone: 317-585-1060

Family Matters Christian Counseling

This provider offers Faith-based Behavioral Health and Relationship Counseling programs including Group and Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Individual Therapy; Couples Therapy (including Intensive Couples Therapy); Pre-Marital Therapy; Family Therapy; Career Success; Clinical Supervision; and Couples Workshops.

Website: <https://www.family-matterscounseling.com/>

Address: 1010 3rd Ave SW Suite 107 Carmel IN, 46032

Phone: (317) 669-2279

Ferris & Associates, LL Counseling and Support Services

This provider offers Behavioral Health Counseling programs for Post-Partum Depression; Anxiety; Parenting; Grief & loss counseling; Relationships; Couples counseling; Childbirth education; Miscarriage; Infertility; Addiction; Martial counseling; Career Issues; Christian based therapy; Bullying; Academic problems; Social problems; ADHD; Family problems; Gender Identity therapy; Play Therapy; and Trauma Focused Therapy. Options include Group Therapeutic, and Individual Therapeutic.

Website: <https://www.fisherscounseling.com/>

Address: 8980 Technology Drive Suite 201, Fishers, IN 46038

Phone: 317-585-9111



HAMILTON County Mental Health Resources

Flourish Christian Counseling

This provider offers Faith-based Behavioral Health Counseling and Addiction Recovery programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Services include Eye Movement Desensitization and Reprocessing (EMDR); Anxiety; Miscarriage; Family planning; Postpartum; Pregnancy; Trauma; PTSD; Stress; Depression; Grief & Loss; Career Stress; Self-care; Life Adjustments; Spiritual Growth; and Post-Adoption Support.

Website: <https://flourishchristiancounseling.com/>
Address: 14074 Trade Center Drive, Suite 140 Fishers, IN, 46038 **Phone:** (317) 775-3030

Fountains Family Counseling

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Programs services include Women's Needs; Children with Developmental Issues; Premarital Therapy; Marital Counseling; Relationship Counseling; Family Maintenance; Adolescent Needs; Play Therapy; Seminars for Youth Groups; Seminars for Women's Issues; Seminars for Parents & Families; Parent & Child Classes; and Eye Movement Desensitization and Reprocessing.

Website: <https://www.fountainsfc.com/>
Address: 10293 East 126th Street, Fishers, IN, 46038 **Phone:** (317) 721-4801

Free Clear Mind

This provider offers Behavioral Health Counseling programs specializing in Youth Counseling including Group and Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Teen Anxiety; Adult Anxiety; Cognitive Behavioral Therapy (CBT); Mindfulness; and Social Anxiety.

Website: <https://freeclearmind.com/>
Address: 14074 Trade Center Drive Suite 145, Fishers, IN, 46038 **Phone:** (317) 537-7330

Gabriel Counseling Services

This provider offers Virtual Behavioral Health Counseling and Addiction Recovery Services via Telehealth and/or Telephonic means. Program services include Mental Illness; Trauma; Burnout Prevention; Mindfulness; Mentorship; and Substance Misuse.

Website: <https://www.gabrielcounselingservices.com/>
Address: Virtual Counseling only **Phone:** (317) 678-7337

Golden Steps ABA

This provider offers Youth Autism Treatment programs including Applied Behavioral Analysis (ABA), Behavioral Health in-home Programs, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Integration; Navigation; Interaction; Communication Development; School Readiness Programs; Social Skills; and Enhance Family Dynamics.

Website: <https://www.goldenstepsaba.com/>
Address: 10475 Crosspoint Blvd. Suite 250 Indianapolis, IN, 46256 **Phone:** (317) 669-1232

Grateful Care ABA

This provider offers Youth Behavioral Health Counseling and Autism Treatment programs including Applied Behavioral Analysis (ABA) Therapy and Behavioral Health in-home programs. Program services include School Support; Home Based ABA; Consultations; Benefit Checks; Initial Assessments; and Parental Training.

Website: <https://gratefulcareaba.com/>
Address: 11807 Allisonville Rd #522, Fishers, IN, 46038 **Phone:** (317) 572-5315

Hamilton Professional Counseling

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety; Couples Therapy; Strength Building; Goal Setting; Better Communication; and Understanding Family Dynamic.

Website: <https://www.hamiltonprofessionalcounseling.com/>
Address: 705 East Main Street Westfield, IN, 46074 **Phone:** 317-760-1446



HAMILTON County Mental Health Resources

Hamilton Professional Counseling

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety; Couples Therapy; Strength Building; Goal Setting; Better Communication; and Understanding Family Dynamic.

Website: <https://www.hamiltonprofessionalcounseling.com/>

Address: 970 Logan Street Suite 110 Noblesville, IN, 46060

Phone: 317-760-1446

Have Grace LLC dba Ellie Mental Health

This provider offers Behavioral Health Counseling programs including Individual Therapy; Couples Therapy; Online Therapy; Family Therapy; Play Therapy; Grief Therapy; Trauma Informed Therapy; Eye Movement Desensitization and Reprocessing (EMDR); Suicidal Thoughts; ADD; ADHD; Phobias; Bipolar Disorder; and PTSD. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic).

Website: <https://elliementalhealth.com/>

Address: 13578 E. 131st, Suite 260 Fishers, IN 46037

Phone: 317-827-7870

Healing Pathways Counseling and Consulting

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Depression; Anxiety; Trauma; PTSD; Fear; and Grief.

Website: <https://healingyourpathways.com/>

Address: 9165 Otis Avenue, Indianapolis, IN, 46216

Phone: (317) 620-8898

Helix Group

This provider offers Behavioral Health Counseling Programs including Individual Therapeutic Counseling. Program services include Ketamine Therapy; Medication Management; Anxiety; Depression; and Breathwork.

Website: <https://www.helixhealthgroup.com/>

Address: 301 E. Carmel Dr. Suite D-400 Carmel, IN, 46032

Phone: (317) 343-8462

Hotline: 1-800-273-8255

Hoosier Therapist

This provider offers Behavioral Health Counseling programs including Cognitive Behavioral Therapy (CBT); Trauma-Focused CBT; Eye Movement Desensitization and Reprocessing (EMDR); Mindfulness; Motivational Interviewing; Solution-focused therapy; Schema therapy; Anxiety, Depression. Options include Group and Individual Therapeutic.

Website: <https://www.hoosier-therapist.com/>

Address: 9783 E 116th St PMB 6234 Fishers, IN 46037

Phone: 317-207-6037

Hopebridge Autism Therapy Centroosier Therapist

This provider offers Autism testing and diagnosis; ABA therapy; Occupational therapy; Speech and language therapy; Feeding and Swallowing therapy; and Family training. Options Group Applied Behavioral Analysis (ABA)*, Individual Therapeutic, and Family Therapy.

Website: <https://www.hopebridge.com/autism-services/>

Address: 801 Congressional Blvd, Carmel, IN 46032

Phone: 317-689-7850

Hopebridge Autism Therapy Center

This provider offers Autism testing and diagnosis; Applied Behavioral Analysis (ABA) Therapy; Occupational Therapy; Speech & Language Therapy; Feeding & Swallowing Therapy; and Family Training. Options include Group ABA Therapeutic Counseling, Individual Therapeutic Counseling, and Family Therapy.

Website: <https://www.hopebridge.com/autism-services/>

Address: 9769 Crosspoint Blvd, Indianapolis, IN 46256

Phone: 317-588-2732



HAMILTON County Mental Health Resources

ICAN: Choose to Live <Symbols>

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, Inpatient Services including Inpatient Acute (short term), Medication Assisted Treatments, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services, and Rehabilitation & Therapy.

Website: <https://addictionsnetwork.com>

Phone: (317) 740-1930

Address: 18077 River Road Suite 204 Noblesville IN, 46062

Hotline: (888) 310-6689

Indiana Biblical Counseling Center

This provider offers Faith-based Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Pride & Control; Sexual Immorality; Bitterness; Addiction; Rejection Issues; Sexual Abuse; Emotional Abuse; Physical Abuse; PTSD; Dissociation; Emotional Maturity; Fear & Anxiety; Unhealthy Relationships; and Anger Management.

Website: <https://www.indianabcc.com/>

Phone: 317-585-1845

Address: 9780 Lantern RD., Suite 330, Fishers, IN, 46037

Indiana Health Group

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling. Program services include Caregiver Stress; Depression; General Women's Issues; Grief & Loss; Mood Disorders; Self-Esteem issues; Social Anxiety; and Trauma.

Website: <https://www.indianahealthgroup.com/>

Phone: (317) 843-9922

Address: 703 Pro Med Ln., Carmel, IN, 46032

Indiana Neuropsychology Group

This provider offers programs for PTSD; Depression; Anxiety; Neuropsychological Evaluations; ADHD; Autism testing; Psychotherapy; MMI Determination; PPI Rating; Court Ordered Evaluations; Independent Medical Examinations (IME); Record Review and Consultations; and Vocational Rehabilitation. Options include Individual Therapeutic, Rehabilitation, and Therapy.

Website: <https://www.ingneuro.com/>

Phone: 317-806-0209

Address: 10293 N Meridian Street, Suite 210 Carmel, IN 46290

Indianapolis TMS

This provider offers programs for Depression and Targeted Pulses. Options include Transcranial Magnetic Stimulation*.

Website: <https://www.indianapolistms.com/>

Phone: 317-595-2171

Address: 11950 Fishers Crossing Drive Fishers, IN 46038

Indy Women's Counseling and DBT

This provider offers programs for Depression; Anxiety; Maternal health; Reproductive Health; OCD; BFRBs (Body focused Repetitive Behaviors); Fertility Support; Connect Groups; and Narcissistic Abuse Recovery. Options include Group Therapeutic, Individual Therapeutic, Yoga, Dance and Creative healing.

Website: <https://indywomenscounseling.com/individual-services/>

Phone: 317-372-2267

Address: 11988 Fishers Crossing Drive, Suite 100 Fishers, IN 46038

Inner Calm Wellness Center

This provider offers programs for Trigger Point Therapy; Surgical Massage Therapy; Prenatal Massage; Stress Reduction Massage; Anxiety; Panic Attacks; Depression; Difficulty Sleeping; Coping; Stress Management; Divorce; Parenting Help; Burnout Prevention; Trust Issues; Communication; and Nutrition Counseling. Options include Behavioral Health in-home Programs, Group Therapeutic Counseling, Individual Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), Massage Therapy; Personal Training; and Dietetics.

Website: <https://www.innercalmwellness.com/>

Phone: 317-662-0082

Address: 9640 Commerce Drive Suite 412 Carmel, IN 46032

Hotline: 317-338-4600

800-273-8255



HAMILTON County Mental Health Resources

Inner Harmony

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program Services include Anxiety; Depression; Grief/Loss; Trauma; Addiction; Life Transitions; Relationships; Perfectionism; Identity Crisis; Identity Development; Hypnotherapy; Holotropic Breath Work; and Spiritual Coaching.

Website: <https://mycounselinggym.com/inner-harmony-circle/>

Address: 136 S. 9th St. Noblesville, IN, 46060

Phone: (317)-678-7302

Insight Therapeutic Services

This provider offers Behavioral Health Counseling and Addiction Recovery programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Programs services include Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Family Counseling; Marriage Counseling; Psychological Testing; Abuse Victimization; Brain Spotting; ADHD; Academic Underachievement; Alcohol & Drug Abuse; Anger Management; Anxiety; Depression; Asperger's; Bullying Prevention; Attention Seeking Behavior; Blended Family Problems; LGBTQIA+ Issues; Low Self-Esteem; Manipulation; Sibling Conflict; Chronic Pain; Financial Stress; Mania; Sexual Abuse Victimization; Vocational Stress; Women's Issues; Impulse Control; Men's Issues; PTSD; Grief/Loss; and OCD.

Website: <https://www.insighttherapeuticllc.com/>

Address: 200 Medical Drive, Suite D Carmel, IN, 46032

Phone: (317) 674-3160

Intentional Living Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Group Therapeutic Counseling. Program services include Depression; Anxiety; Parenting; Coping Skills; Infidelity; Life coaching; Marital Therapy; Self Harm; Suicidal Ideation; Trauma; and PTSD.

Website: <https://www.intentionallivingcounseling.com/>

Address: 11495 Pennsylvania St Ste 126 CARMEL, IN, 46032

Phone: 317-643-3775

Irvin Marriage Center

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program Services include Anger; Sexual Addiction; Mental Health; Trauma; Brainspotting; Infidelity; Money; Kids; and Emotionally Disconnection.

Website: <https://marriagecenter.us/>

Address: 10 S. 9th Street, Suite 10 Noblesville, IN, 46060

Phone: (317) 674-3240

Jennifer Mysogland

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program Services include Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Sandtray; Theraplay; Accelerated Resolution Therapy; Attachment Issues; Trauma; Adoption; and Grief/Loss.

Website: <https://www.jennifermysogland.com/>

Address: 9780 Lantern Road, Suite 110 Fishers, IN, 46037

Phone: 317-605-3431

Journey to Joy Counseling

This provider offers Behavioral Health Counseling and Addiction Recovery programs including Group and Individual Therapeutic Counseling. Program services include Individual Therapy; Perfectionism; Shame; Family of Origin Issues; Boundary Setting; Life Stage Adjustments & Transitions; Anxiety; Depression; Anger Management; ADHD; Grief & Loss; Spirituality; Infertility; Postpartum Depression; Codependency; Abandonment Issues; Body Image Issues; Self Esteem; Addiction; Compulsive Behaviors; Women's Issues; Career Coaching; Life Coaching; Work Life Balance; Parenthood Challenges; Breakup & Divorce Recovery; Relationship Counseling; Trauma; Emotional Intelligence; and Stress Management.

Website: <https://www.journeytojoycounseling.com/counseling-services-carmel-indiana/>

Address: 300 E Main Street Suite C, Carmel, IN, 46032

Phone: (765) 432-9238



HAMILTON County Mental Health Resources

JRNY Counseling

This provider offers Behavioral Health Counseling and Substance Abuse Recovery programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Individual Therapy; Group Therapy; Massage Therapy; Yoga; Classes; Interventions; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Substance Abuse Assessments; Speaking Engagements; and Recovery Society Intensive Outpatient Programs.

Website: <https://jrnycounseling.com/>

Address: 18051 River Rd, Noblesville, IN, 46062

Phone: (317) 660-1818

Kate Creason

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Individual Counseling; Family Counseling; Attachment Assessments; Marschak Interaction Method (MIM); Trauma Assessments; and Intensive Family Therapy.

Website: <https://creasoncounseling.com/>

Address: 9780 Lantern Road, Suite 110 Fishers, IN, 46037

Phone: (317) 721-9585

Keystone Counseling

This provider offers Behavioral Health Counseling programs specializing in Couples Therapy. Provider services include Marriage Counseling; Couples Counseling; Considering Separation; Affair Recovery; Premarital Counseling; LGBTQIA+ Couples; New Parents; and Empty Nesting.

Website: <https://www.keystoneindy.com/>

Address: 9783 E 116th St PMB 1493 Fishers, IN, 46037

Phone: 317-833-9160

Kids Inc.

This provider offers Youth Autism Treatment including Applied Behavioral Analysis (ABA) Therapy. Program services include Lactation Consultation; Speech & Language Therapy; Feeding Therapy; Orton-Gillingham Tutoring; and Occupational Therapy.

Website: <https://kidsindiana.com/>

Address: 10294 E 96th Street, Fishers, IN, 46037

Phone: (317) 288-7572

Landmark Recovery

This provider offers Substance Abuse Recovery programs including Group Therapeutic, Individual Therapeutic, Inpatient Services including Inpatient Acute (short term), Medication Assisted Treatments, Partial Hospitalization, and Residential Treatment Center (long term). Program services include Medical Detox; Residential Treatment; 12 Step Therapy; Art Therapy; Family Counseling; Fitness & Recreation; Guided Meditation; SMART Recovery; and Cognitive Behavioral Therapy (CBT).

Website: <https://landmarkrecovery.com/locations/praxis-carmel/>

Address: 13594 North Meridian Street Carmel, IN, 46032

Phone: (317) 458-9955

Hotline: (888) 448-0302

Lentz Counseling

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Programs services include Anxiety; Depression; Grief/Loss; Trauma; Addiction; Life Transitions; Relationships; Perfectionism; Identity Crisis & Development; Personal Growth; Art Therapy; Mindfulness practices; Gottman Method; Eye Movement Desensitization and Reprocessing (EMDR); Brainspotting; Cognitive Behavioral Therapy (CBT); and Acceptance & Commitment Therapy.

Website: <https://www.lentzcounseling.com/>

Address: 223 Jersey Street Westfield, IN, 46074

Phone: (317) 900-3609



HAMILTON County Mental Health Resources

Life Solutions Counseling

This provider offers Marriage Counseling; Family Therapy; Parenting Skills; Behavioral Issues; Emotional Disabilities; Divorce Recovery; Problem Solving; Outpatient Counseling; Healthy Aging; Retirement Adjustment. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services.

Website: <https://www.lifesolutionspc.com/>

Address: 1185 W. Carmel Drive, D-4, Carmel, IN 46032

Phone: 317-569-5433

Life Solutions Counseling

This provider offers Marriage Counseling; Family Therapy; Parenting Skills; Behavioral Issues; Emotional Disabilities; Divorce Recovery; Problem Solving; Outpatient Counseling; Healthy Aging; Retirement Adjustment. Options include Group Therapeutic Counseling, Individual Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), Outpatient Services including Intensive Outpatient Services.

Website: <https://www.lifesolutionspc.com/about-us/>

Address: 14540 Prairie Lakes, Blvd N, #202, Noblesville, IN 46060

Phone: 317-569-5433

Lifecare Counseling Services

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Depression; Anxiety; Relationship Issues; Parent-Child Conflict; ADD; ADHD; Sexual Dysfunction; and Men's issues.

Website: <https://www.lifecarecounselingservices.com/>

Address: 450 E 96th St Ste 500 INDIANAPOLIS, IN, 46240

Phone: (317) 581-1013

LifeStance Health

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), and a Psychiatric Facility. Program services include Adult Psychiatry; Child/Adolescent Psychiatry; Child/Adolescent Therapy; Couples Therapy; Family Therapy; Medication Management; Neuropsychological Testing; and Psychological Testing & Evaluation

Website: <https://lifestance.com/>

Address: 11900 Pennsylvania St, Suite 104 Carmel, IN, 46032

Phone: (812) 247-8010

LifeStance Health

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), and a Psychiatric Facility. Program services include Adult Psychiatry; Child/Adolescent Psychiatry; Child/Adolescent Therapy; Couples Therapy; Family Therapy; Medication Management; Neuropsychological Testing; and Psychological Testing & Evaluation

Website: <https://lifestance.com/>

Address: 10801 N Michigan Rd Ste 240 Zionsville, IN, 46077

Phone: (812) 247-8010

LifeStance Health

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, Online Visits (Telehealth and/or Telephonic), and a Psychiatric Facility. Program services include Adult Psychiatry; Child/Adolescent Psychiatry; Child/Adolescent Therapy; Couples Therapy; Family Therapy; Medication Management; Neuropsychological Testing; and Psychological Testing & Evaluation

Website: <https://lifestance.com/>

Address: 10967 Allisonville Rd Suite 240 Fishers IN, 46038

Phone: (812) 247-8010

Link to Learn Behavior Therapy

This provider offers Youth Autism Treatment programs including Early Learning; Social Skills; Applied Behavioral Analysis Therapy (ABA); Diagnostic Testing. Options include ABA Therapy.

Website: <https://www.linkedbehavior.com/>

Address: 14701 Cumberland Rd Suite 200 Noblesville, IN 46060

Phone: 317-863-8388



HAMILTON County Mental Health Resources

Lives Transforming

This provider offers Faith-based Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety; Depression; Grief/Loss; Trauma; Addiction; Life Transitions; Relationship Counseling; and Spiritual Counseling.

Website: <https://www.livestransforming.com/>

Address: 14074 Trade Center Drive, Fishers, IN, 46038

Phone: (317) 548-2146

Lotus of Life Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Cognitive Behavioral Therapy; Dialectical Behavior Therapy; Strength-Based Therapy; Solutions-Focused Therapy; Mindfulness; Body Image Issues; Self Esteem; and Self care.

Website: <https://www.lotusoflifecounseling.net/>

Address: 235 Penn Street, Westfield, IN, 46074

Phone: (317) 643-1545

Mind Fit Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services Include Individual Counseling; Marriage counseling; Play Therapy; Art Therapy; Brain Spotting; Eye Movement Desensitization and Reprocessing; Medication Management; and a Psychiatric Facility.

Website: <https://mindfitcounseling.com/carmel/>

Address: 755 West Carmel Drive, Suite 206 Carmel, IN, 46032

Phone: (317) 804-3696

Mind Fit Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services Include Individual Counseling; Marriage counseling; Play Therapy; Art Therapy; Brain Spotting; Eye Movement Desensitization and Reprocessing; Medication Management; and a Psychiatric Facility.

Website: <https://mindfitcounseling.com/carmel/>

Address: 755 West Carmel Drive, Suite 206 Carmel, IN, 46032

Phone: (317) 804-3696

Mindful & Modern ABA Therapies

This provider offers Autism Treatment programs specializing in Youth Treatment programs including Applied Behavioral Analysis (ABA) Therapy, Individual Therapeutic Counseling, and Summer Camp programs. Program services include Autism Diagnosis; Occupational Therapy; Speech Therapy; Feeding Therapy; Behavior Consultation; Inclusion; Peer Learning; and Hands-on Learning.

Website: <https://montessoriaba.com/aba-therapy-zionsville-in/>

Address: 4370 Weston Pointe Dr., Ste 200 Zionsville, IN, 46077

Phone: (317) 827-7777

Mindful & Modern ABA Therapies

This provider offers Autism Treatment programs specializing in Youth Treatment programs including Applied Behavioral Analysis (ABA) Therapy, Individual Therapeutic Counseling, and Summer Camp programs. Program services include Autism Diagnosis; Occupational Therapy; Speech Therapy; Feeding Therapy; Behavior Consultation; Inclusion; Peer Learning; and Hands-on Learning.

Website: <https://montessoriaba.com/aba-therapy-zionsville-in/>

Address: 11712 North Michigan Rd. Zionsville, IN, 46077

Phone: (317) 827-7777

Mindful Morphosis Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth or Telephonic). Program services include Depression; Self harm; Family issues; Suicidal ideation; Cognitive Behavioral (CBT); Dialectical Behavior (DBT); EMDR; Existential; Family Systems; Integrative; Interpersonal; Intervention; Mindfulness-Based (MBCT); Psychodynamic; Solution Focused Brief (SFBT); Strength-Based; Mood disorders; personality disorders;

Website: <https://www.psychologytoday.com/us/therapists/mindful-morphosis-counseling>

Address: 501 South 9th Street Suite 108 Noblesville, IN, 46060

Phone: (317) 699-8285



HAMILTON County Mental Health Resources

Mindful Pieces Behavior Therapy

This provider offers Autism Treatment programs specializing in Youth Treatment including Applied Behavioral Analysis (ABA) Therapy, Behavioral Health in-home programs, and Individual Therapeutic Counseling. Program services include Problem Solving; Autism Diagnostics; Child Therapy; Parent Training; Feeding Programs; Transitional Support; Potty Training; and Behavior Management.

Website: <https://www.mindfulpiecesaba.com/>

Address: 5410 Emerson Way, Indianapolis, IN, 46229

Phone: (317) 489-7450

Mini Minds

This provider offers Mental Health; Behavior Therapy; Speech Therapy; Feeding Therapy; Sensory Processing; Occupational Therapy; Nutrition & Wellness Consulting; Yoga; Summer Camps; and Parent Therapy. Options include Group Therapeutic Counseling and Individual Therapeutic Counseling.

Website: <https://www.miniminds.org/>

Address: 580 East Carmel Drive, Suite 400, Carmel, IN 46032

Phone: 317-564-8332

Mosaic Counseling

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Couples Therapy; Individual Therapy; and Family Therapy.

Website: <https://www.mosaiccounselingindy.com/>

Address: 11083 Village Square Lane Fishers, IN, 46038

Phone: (317) 645-7691

Mosaic Counseling

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Couples Therapy; Individual Therapy; and Family Therapy.

Website: <https://www.mosaiccounselingindy.com/>

Address: 54 North 9th Street, Suite 260 Noblesville, IN, 46060

Phone: (317) 645-7691

Nedra Koeni

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Depression; Anxiety; Relationship Issues; Trauma; Self Esteem; Parenting Issues; Grief; and Anger Management.

Website: <https://www.nedrakoenig.com/>

Address: 340 N. Rangeline Road, Carmel, IN, 46032

Phone: (317) 564-8610

New Beginnings Family Counseling

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety; New Mothers; Cognitive Behavioral Therapy (CBT); Couples Counseling; Anger Management; Stress; Communication Skills Development; Enhancing Intimacy; Conflict Resolution; Parenthood Transitions; Infidelity/Betrayal Trauma; Porn Addiction; Divorce Adjustment; Marriage Counseling; Premarital Counseling; Family Counseling; Pregnancy; Miscarriage Counseling; Motherhood; Sexual Trauma/Abuse; Infertility; Life Transitions; Identity Development; and Mother/Father Wounds.

Website: <https://newbeginningsfamilycounseling.com/>

Address: 1033 3rd Ave SW, Suite 103, Carmel, IN, 46032

Phone: (801) 473-3707

New Beginnings Family Counseling

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety; New Mothers; Cognitive Behavioral Therapy (CBT); Couples Counseling; Anger Management; Stress; Communication Skills Development; Enhancing Intimacy; Conflict Resolution; Parenthood Transitions; Infidelity/Betrayal Trauma; Porn Addiction; Divorce Adjustment; Marriage Counseling; Premarital Counseling; Family Counseling; Pregnancy; Miscarriage Counseling; Motherhood; Sexual Trauma/Abuse; Infertility; Life Transitions; Identity Development; and Mother/Father Wounds.

Website: <https://newbeginningsfamilycounseling.com/>

Address: 1033 3rd Ave SW, Suite 103, Carmel, IN, 46032

Phone: (801) 473-3707



HAMILTON County Mental Health Resources

NewDay Treatment Center

This provider offers Faith-based Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, Medication Assisted Treatments, Outpatient Services including Intensive Outpatient Services, and a Long-Term Residential Treatment Center.

Website: <https://thenewdaycenter.com/>

Address: 9240 N Meridian ST. Suite 340, Indianapolis, IN, 46260

Phone: (317) 291-1967

Newman Counseling & Solutions

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Adult Counseling; Teen Counseling; Anxiety; Depression; Stress Management; Women's Concerns; Setting Boundaries; Blended Family Issues; and Post Divorce Counseling.

Website: <https://counselingandsolutions.com/>

Address: 14074 Trade Center, Suite 146 Fishers, IN, 46038

Phone: (317) 891-5793

Noblesville Counseling Center LLC

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling. Program services include Eating Disorders; Emotional Disturbance; Family Conflict; Anger Management; ADHD; Bipolar Disorder; Coping Skills; Divorce; Peer Relationships; Self Esteem; Spirituality; Teen Violence; Anxiety; Behavior Issues; Depression; Parenting; Relationship Issues; Self-Harm; Suicidal Ideation; Impulse Control; and Mood Disorders.

Website: <http://www.noblesvillecounseling.com/>

Address: 341 Logan Street, Suite L110 Noblesville, IN, 46060

Phone: (317) 364-4591

One Sensible Solution

This provider offers Individual Psychotherapy; Family Counseling; Play Therapy; Couples Counseling; Parent Counseling; Bipolar Disorder; Anger Management; Depression; Attention Deficit Hyperactive Disorder (ADHD); Grief & Loss; Mood & Anxiety Disorders; Oppositional Defiant Disorder (ODD); Panic Disorder; Self-Esteem Issues; Stress Management Adjustment Disorder; End of Life Stressors. Options include Group Therapeutic, Individual Therapeutic, Online Visits (including Telehealth and/or Telephonic).

Website: <http://www.onesensiblesolution.com/home.html>

Address: 10291 N Meridian St Suite 205 Indianapolis, IN 46290

Phone: 317-296-4914

Opportunities for Positive Growth Inc.

This provider offers Youth Autism Applied Behavioral Analysis (ABA) Therapy. Program services include Self Directed Services; Behavior Support; Music Therapy; Employment Services; Occupational Therapy; Respite; Community Habilitation; and Pet Therapy.

Website: <https://www.opgrowth.com/contact-us/>

Address: 10080 E 121st Street, Suite 112, Fishers, IN

Phone: (317) 813-1780

Pathways to Healing Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Personal Growth; Depression; Anxiety; Abuse; Family of Origin Issues; Grief & Loss; Stress Management; Addictive Behaviors; Work/Career Issues; Anger Management; Self Worth Issues; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Communication Skills; Enhancing Intimacy; Conflict Resolution; Enrichment; Dual Career Concerns; Premarital Preparation; Addiction & Recovery; Family Counseling; Parenting Issues; Communication skills; Discipline; Custody Concerns; Finances; Blended Family Transitions; Sibling Conflicts; School Challenges; Divorce Recovery Counseling; Visitation And Mediation Solutions; Moving through Grief, anger, and Shame; Helping Children Adapt; Co-parenting; Blended Families; New Beginnings; Public Speaking/Workshops; Boundaries; Building Strong Marriages; Parenting Strategies.

Website: <https://pathwaystohealingcounseling.com>

Address: 1212 Westfield Road Noblesville, IN, 46062

Phone: (317) 316-3077



HAMILTON County Mental Health Resources

Pathways to Healing Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Personal Growth; Depression; Anxiety; Abuse; Family of Origin Issues; Grief & Loss; Stress Management; Addictive Behaviors; Work/Career Issues; Anger Management; Self Worth Issues; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Communication Skills; Enhancing Intimacy; Conflict Resolution; Enrichment; Dual Career Concerns; Premarital Preparation; Addiction & Recovery; Family Counseling; Parenting Issues; Communication skills; Discipline; Custody Concerns; Finances; Blended Family Transitions; Sibling Conflicts; School Challenges; Divorce Recovery Counseling; Visitation And Mediation Solutions; Moving through Grief, anger, and Shame; Helping Children Adapt; Co-parenting; Blended Families; New Beginnings; Public Speaking/Workshops; Boundaries; Building Strong Marriages; and Parenting Strategies.

Website: <https://pathwaystohealingcounseling.com>
Address: 2051 Monument Street, Noblesville, IN, 46060 **Phone:** (317) 316-3077

Pathways to Healing Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Personal Growth; Depression; Anxiety; Abuse; Family of Origin Issues; Grief & Loss; Stress Management; Addictive Behaviors; Work/Career Issues; Anger Management; Self Worth Issues; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Communication Skills; Enhancing Intimacy; Conflict Resolution; Enrichment; Dual Career Concerns; Premarital Preparation; Addiction & Recovery; Family Counseling; Parenting Issues; Communication skills; Discipline; Custody Concerns; Finances; Blended Family Transitions; Sibling Conflicts; School Challenges; Divorce Recovery Counseling; Visitation And Mediation Solutions; Moving through Grief, anger, and Shame; Helping Children Adapt; Co-parenting; Blended Families; New Beginnings; Public Speaking/Workshops; Boundaries; Building Strong Marriages; and Parenting Strategies.

Website: <https://pathwaystohealingcounseling.com>
Address: 120 Camilla Court Suite D Westfield, IN, 46074 **Phone:** (317) 316-3077

Peace Counseling Group

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Anxiety/Stress Management; Depression; Abandonment and Shame Issues; Marriage and Couples Counseling; Affair Recovery; Sexual Issues/Porn Addiction; Divorce Recovery; Addictions; Self Esteem and Worthiness; Grief and Loss; Spirituality; PTSD & Trauma Recovery; Domestic Violence & Abuse; Narcissism; Counter-Dependency; Co-Dependency; Differentiation of Self; Family of Origin Work; Work/Life; Balance; and Pre-Marital Counseling

Website: <https://www.peacecounselinggroup.com/>
Address: 9640 Commerce Drive Suite 413 Carmel, IN, 46032 **Phone:** (317) 605-7015

Pediatric Speech & Language Solutions

This provider offers Behavioral Health Counseling programs specializing in Youth treatment including Individual Therapeutic Counseling and Behavioral Health in-home Services. Program services include Speech & Language Evaluations/Screenings; Hearing Screenings; Parent Consultations; Individualized Plans; and a Parent Lending Library.

Website: <https://psandls.com/>
Address: 11708 N. College Avenue, Suite 150 Carmel, IN, 46032 **Phone:** (317) 569-0086

PQC Coaching

This provider offers Virtual Behavioral Health Counseling programs including Individual Therapeutic Counseling and Group Therapeutic Counseling. Program services include Parenting; Parenting Adult Children; Organization; Preparation; Discipline; Confidence; Relationship with Money; Communication; Depressed; Romantic Relationships; Self Relationship; Habits; Sleep Hygiene; Addiction; Anxiety; Relationship to Food;

Website: <https://www.powerfulquestionscoaching.com/>
Address: Virtual Counseling Only **Phone:** (785) 422-6224



HAMILTON County Mental Health Resources

Raffle Brain institute

This provider offers Behavioral Health programs including Group and Individual Therapeutic Counseling. Programs services include Neurological testing; ADHD; Anxiety; Depression; Bipolar Disorder; OCD; and Schizophrenia.

Website: <https://www.rafflebraininstitute.biz/>

Phone: (317) 612-1124

Address: 310 East Carmel Drive, Suite E100, Carmel, IN, 46032

Hotline: (800) 450-9799

Randy Schroeder

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Addictions; Anger; Anxiety; Bereavement; Depression; Divorce; Eating Disorders; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Obsessive/Compulsive; PTSD; Seniors; and Trauma Counseling.

Website: <https://www.drrandyschroeder.com/>

Phone: (260) 348-8777

Address: 4850 East Main Street Carmel, IN, 46033

Ransburg Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Social Anxiety; Selective Mutism; Acceptance; Commitment Therapy; Attachment Therapy; Behavioral Therapy; Cognitive Behavioral Therapy (CBT); Emotional Freedom Techniques (EFT); Exposure Therapy; Family System Therapy; Mindfulness-based Therapy; Motivational Interviewing; Parent-Child Interaction Therapy; Play Therapy; Psychodynamic Therapy; Solution-focused Therapy; Depression; Shyness; Separation Anxiety; Generalized Anxiety; Obsessive Compulsive Disorder (OCD); Panic Attack; Phobias; Traumas/Post Traumatic Stress Disorder (PTSD); Attention Deficit Hyperactivity Disorder (ADHD); Attachment Issues; Adoption; Pregnancy, Prenatal, & Postpartum Counseling; Acculturation & Identity Issues; Disruptive Behaviors; and School Refusal.

Website: <https://www.indymentalhealth.com/>

Phone: (317) 590-1760

Address: 160 West Carmel Drive, Suite 216, Carmel, IN, 46032

Ray of Hope Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Cognitive Behavioral Therapy (CBT); Depression; Traumatic Loss; Grief & Recovery; and Bereavement Counseling.

Website: <https://rohounseling.com/>

Phone: (317) 575-0500

Address: 14074 Trade Center Dr Suite 139 Fishers, IN, 46038

Reclaimed Counseling

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Depression; Anxiety; Relationship Issues; Trauma; Self Esteem; Parenting Issues; Grief; and Anger Management.

Website: <http://www.reclaimedcounseling.com/>

Phone: (317) 537-7906

Address: 14701 Cumberland Road Suite 170, Noblesville, IN, 46060

Renewal Counseling

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Addiction Recovery; Anxiety; Children/Adolescents; Depression; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Faith & Spirituality; Family of Origin; Grief; Life Coaching; Trauma Counseling; Couples; Marriage Counseling; Discernment Counseling; Parenting; and Pre-marital Counseling.

Website: <https://www.myrenewalcounseling.com/>

Phone: (317) 730-5155

Address: 1980 E. 116th St. Suite 220,



HAMILTON County Mental Health Resources

ResCare Community Living

This provider offers Behavioral Health Counseling programs specializing in programs for disabled persons including a Residential Treatment Center (long term) and Adult foster home. Program services include Adult Foster Care Host home; Day Programs; Daily Activities; Periodic Living Services; and Supported living Services

Website: <https://rescarecommunityliving.com/location/rescare-community-living-sheridan-indiana/>

Address: 903 S. Sheridan Ave, Sheridan, IN, 46069

Phone: (317) 758-5330

Riverview Health Behavioral Care (Riverview Health)

This provider offers Behavioral Health Counseling programs addressing anxiety; bipolar disorder; depression; insomnia; lifestyle modifications; OCD; PTSD; postpartum depressions; psychological clinical assessment & treatment; relationship issues; adolescent pregnancy; breastfeeding; diabetes; grief; lymphedema; mended hearts; postpartum anxiety; pregnancy; infant loss; and survivors of suicide loss. Behavioral Health Counseling Services include Individual and Group Therapeutic Counseling.

Website: <https://riverview.org/locations/riverview-health-behavioral-care/>

Address: 205 Westfield Road Noblesville, IN, 46060

Phone: (317) 770-2841

RMK Psychological Services LLC

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Depression; Anxiety; Relationship Issues; Trauma; Self Esteem; Parenting Issues; Grief; Anger Management; and Eye Movement Desensitization and Reprocessing.

Website: <https://www.rmropsych.com/>

Address: Online only

Phone: (317) 284-9335

RoundTable Wellness

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling and Online Visits (Telehealth and/or Telephonic). Program services include Depression; Anxiety; Relationship Counseling; Trauma; Self-Esteem; Parenting Issues; Grief; and Anger Management.

Website: <https://www.roundtablewellness.com/>

Address: 90 Executive Dr. Suite C Carmel, IN, 46032

Phone: (317) 740-1970

Scotia McClung Counseling

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Programs services include Individual Therapy; Couples Therapy; Family Therapy; Premarital Couples Counseling; Anxiety; Depression; Couples Issues; Women's Issues; and Family of Origin Issues;

Website: <https://www.mcclungcounseling.com/>

Address: 300 E. Main St. Suite C Carmel, IN, 46032

Phone: (317)-660-1380

Steppingstones Behavioral Solutions LLC

This provider offers Autism Treatment programs specializing in Youth services including Applied Behavioral Analysis (ABA) Therapy, Group Therapeutic Counseling, and Individual Therapeutic Counseling. Program services include Diagnostics; Parent Training; Potty Training; Child therapy; Parent Support group; Healthy Habits; Transitional therapy; Speech Therapy; Occupational therapy; Behavior Management; and Participant Assistance & Care

Website: <https://steppingstonesindy.com/>

Address: 29101 N State Road 19, Atlanta, IN, 46031

Phone: (317) 918-2689

Steppingstones Behavioral Solutions LLC

This provider offers Autism Treatment programs specializing in Youth services including Applied Behavioral Analysis (ABA) Therapy, Group Therapeutic Counseling, and Individual Therapeutic Counseling. Program services include Diagnostics; Parent Training; Potty Training; Child therapy; Parent Support group; Healthy Habits; Transitional therapy; Speech Therapy; Occupational therapy; Behavior Management; and Participant Assistance & Care

Website: <https://steppingstonesindy.com/>

Address: 7405 Westfield Blvd, Indianapolis, IN, 46240

Phone: (317) 918-2689



HAMILTON County Mental Health Resources

Sugar Creek Counseling LLC

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, Group Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Cognitive Behavior Therapy (CBT); Exposure & Response Prevention; Reality Therapy; Marriage Counseling.

Website: <https://www.sugarcreekcounseling.com>

Address: 600 E Carmel Drive, Carmel, IN 46032

Phone: 317-523-7431

Suncrest Autism Center

This provider offers Autism Treatment services including Applied Behavioral Analysis (ABA) Therapy and Individual Therapeutic Counseling. Program services include Self Management Skills; Daily Routines; Tantrums; Destructive & Self Injury Behaviors; Communication; Social Skills, Inappropriate Behaviors; Toiletings; Eating; New Environments; and Academics.

Website: <https://www.suncrestautismcenter.com/>

Address: 9783 E 116th St. PMB 1320 Fishers, IN, 46037

Phone: (317) 799-0920

The Anxiety Relief Center

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, Brain Spotting; and Biosound Therapy. Program services include Urgent Relief; Biofeedback Therapy; Brainspotting; Cognitive Behavioral Therapy (CBT); Mindfulness Counseling; Sound Massage; Guided Imagery; Depression; Anger Management; ADHD; and PTSD.

Website: <https://www.centerforanxietyrelief.com/>

Address: 11083 Village Square Ln, Fishers, IN, 46038

Phone: (317) 537-2890

The Cabin Counseling & Resource Center, Inc.

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include addictions; Adoption; Affair Recovery; Anger Management; Anxiety; Blended Family Transitions; Communication; Depression; Divorce Recovery; Eating Disorders; Family Conflict; Grief & Loss; Infertility; Infidelity; Life Transitions; Marital & Couples Therapy; Men's Issues; Mid-Life Crisis; OCD; Parenting; Post Partum Depression; PTSD; Pre-Marital Counseling; Rape Recovery; Retirement; School Performance; Self Esteem; Self Harm; Sexual Abuse Recovery; Sexual Problems; Spiritual formation; Suicide Prevention; and Women's Issues.

Website: <https://www.thecabin.org/>

Address: 115 N. Union Street, Westfield, IN, 46074

Phone: (317) 804-3697

The Counseling Center

This provider offers programs for Individual Counseling; Couples Counseling; Teletherapy; Anxiety; Depression; Anger management; Alcoholism; substance abuse; family of addicts counseling; trauma therapy; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Grief and Loss; LGBTQIA+ Individual therapy; Sex addiction; and Men's issues. Options include Group Therapeutic, Individual Therapeutic, and Online Visits (including Telehealth and/or Telephonic).

Website: <https://tcc-indy.com/contact/>

Address: 23 S. 8th Street, Suite 300 Noblesville, IN 46060

Phone: 317-754-0808

Thrive Counseling Services

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program services include Individual Therapy; Family Therapy; Case Coordination & Management; and Assessment.

Website: <https://www.thrivecounselingindy.com/home>

Address: Online only

Phone: (317) 207-6301



HAMILTON County Mental Health Resources

Thriveworks

This provider offers Behavioral Health Counseling and Addiction Recovery programs including Individual Therapeutic Counseling, Medication Assisted Treatments, and Online Visits (Telehealth and/or Telephonic). Program services include Addiction Counseling; Anxiety Counseling; Child Therapy; Couples Counseling; Family Therapy; Life Coaching; Online Psychiatry; Anger Management; Career Counseling; Depression Counseling; Cognitive Behavioral Therapy (CBT); Grief Counseling; Marriage Counseling; Pre-Martial Counseling; and Trauma Therapy.

Website: <https://thriveworks.com/noblesville-counseling/>

Address: 14540 Prairie Lakes Blvd Suite 100 Noblesville, IN, 46060

Phone: (317) 785-1853

Thriveworks

This provider offers Behavioral Health Counseling and Addiction Recovery programs including Individual Therapeutic Counseling, Medication Assisted Treatments, and Online Visits (Telehealth and/or Telephonic). Program services include Addiction Counseling; Anxiety Counseling; Child Therapy; Couples Counseling; Family Therapy; Life Coaching; Online Psychiatry; Anger Management; Career Counseling; Depression Counseling; Cognitive Behavioral Therapy (CBT); Grief Counseling; Marriage Counseling; Pre-Martial Counseling; and Trauma Therapy.

Website: <https://thriveworks.com/noblesville-counseling/>

Address: 755 W Carmel Dr Suite 209 Carmel, IN, 46032

Phone: (463) 231-3119

Touchstone Counseling

This provider offers Behavioral Health Counseling programs including Group and Individual Therapeutic Counseling. Program services include Internal Family Systems; Brainspotting; Prolonged Exposure; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Acceptance & Commitment Therapy; Cognitive Behavioral Therapy; Couples & Family Counseling; Gottman Method; Emotionally Focused Therapy; SYMBIS assessment; Child & Adolescent Counseling; Play Therapy; and Trauma-Focused Therapy.

Website: <https://thomasvalek.com/>

Address: 695 Pro Med Lane, Suite 206 Carmel, IN, 46032

Phone: (317) 836-0569

Tracy McDaniel

This provider offers Behavioral Health Counseling programs including Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Programs services include Depression; Anxiety; Relationship Issues; Trauma; Self Esteem; Parenting Issues; Grief; Anger Management; and Eye Movement Desensitization and Reprocessing (EMDR) Therapy.

Website: <https://tracy-mcdaniel.clientsecure.me/>

Address: 600 East Carmel Dr Suite 139 Carmel, IN, 46032

Phone: (317) 225-7317

Yellow Key Collaborative

This provider offers Behavioral Health Counseling programs including Group Therapeutic Counseling, Individual Therapeutic Counseling, and Online Visits (Telehealth and/or Telephonic). Program Services include Individual Therapy; Anxiety; Depression; Grief/Loss; Trauma; Addiction Recovery; Life Transitions; Relationships; Perfectionism; Identity Crisis; Identity Development; Personal Growth; Art Therapy; Mindfulness Practices; Gottman Method; Eye Movement Desensitization and Reprocessing (EMDR) Therapy; Brainspotting; Cognitive Behavioral Therapy (CBT); and Acceptance & Commitment Therapy.

Website: <https://www.yellowkeycollab.com/>

Address: 223 Jersey Street, Westfield, IN, 46032

Phone: (317) 735-3119